

# INFORMATION FOR CUSTOMERS

**We cannot guarantee that our food or drinks are allergen free.**

Due to the use of shared equipment in the display, preparation and service of our products there is a risk of cross contamination.

**This guide is designed to provide customers who suffer from an allergy or intolerance with accurate information about our food and drinks, so that they can make an informed choice about the suitability of our products for them:**

- For drinks made in store and unwrapped products (e.g. cakes and pastries) allergen information is contained in this guide
- For pre-packed food and drinks, allergen information is provided on the packaging labels
- All open/opened food and drink products may unavoidably be exposed to other allergens in store

**Please see next page for more details about the information contained in this guide.**

# INFORMATION CONTAINED IN THIS GUIDE





Product Description	Dietary Choices		Allergens Present									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)
<b>Food</b>												
Costa Sweet and Salty Milk Chocolate	Yes	No	Yes	Yes	MC	Yes			MC	Yes	MC	
Costa Café au Lait White Chocolate	Yes	No	MC	Yes	MC	Yes			MC	MC	MC	
Costa Salted Peanut (Milk Chocolate)	Yes	No	Yes	Yes	MC	Yes			MC	Yes	MC	
Costa Dulce de Chile (Milk Chocolate)	Yes	No	MC	Yes	MC	Yes			MC	MC	MC	
Costa Coffee Hazelnut (Paleo)	Yes	No	MC	MC	MC	MC			MC	MC	Yes	Hazelnut
Costa Coconut Chia (Paleo)	Yes	Yes	MC	MC	MC	MC			MC	MC	Yes	Coconut
Costa Almond Butter Raspberry (Paleo)	Yes	Yes	MC	MC	MC	MC			MC	MC	MC	
Costa Himalayan Sea Salt (Keto)	Yes	Yes	MC	MC	MC	MC			MC	MC		
Bars (Earnest Eats) Cranberry Lemon Zest Bar	Yes	Yes									Yes	Almond, Walnut

## NOTES

- If you wish to customise your drink by adding a different milk or dairy alternative, adding syrups, changing a topping, etc, please use the 'Drinks Extras and Ingredients' section at the end of the guide
- If you require additional information please ask a member of the team
- The drinks in the document show the allergy and nutrition for the drink as served, made to the standard recipe, using 2% milk, unless otherwise stated

## NUTRITION INFORMATION

- Please note that all our drinks nutrition information has been calculated using published nutrition data and that dairy-based drinks may be subject to some natural seasonal variation
- Nutrition is calculated for Signature Roast Blend (caffeinated) made to brand standard. Information for decaffeinated coffee will be the same

CONTENTS KEY	
	The allergen is present in the product
	Although this allergen is not an ingredient of the product, it is present in the manufacturing site / factory / supply-chain and therefore the product may contain the allergen
	The allergen is not an ingredient of this product
	The column entitled 'Dietary Choices' details information supplied by the product manufacturer. It does not take into account the in-store storage / preparation methods where there is a risk of cross-contamination
<b>The allergens listed in this guide are those we are required to declare in accordance with FDA Food Labelling Requirements</b>	



Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
<b>Food</b>																								
Costa Sweet and Salty Milk Chocolate	Yes	No	Yes	Yes	MC	Yes				MC	Yes	MC		30 g	160	9	5	0	5.0	110.0	17.0	1.0	13.0	2.0
Costa Café au Lait White Chocolate	Yes	No	MC	Yes	MC	Yes				MC	MC	MC		30 g	170	12	7	0	5.0	25.0	14.0	0.0	14.0	2.0
Costa Salted Peanut (Milk Chocolate)	Yes	No	Yes	Yes	MC	Yes				MC	Yes	MC		30 g	170	13	4.5	0	5.0	95.0	11.0	2.0	7.0	4.0
Costa Dulce de Chile (Milk Chocolate)	Yes	No	MC	Yes	MC	Yes				MC	MC	MC		30 g	160	9	5	0	10.0	105.0	17.0	1.0	14.0	2.0
Costa Coffee Hazelnut (Paleo)	Yes	No	MC	MC	MC	MC				MC	MC	Yes	Hazelnut	30 g	170	14	7	0	0.0	0.0	13.0	2.0	8.0	2.0
Costa Coconut Chia (Paleo)	Yes	Yes	MC	MC	MC	MC				MC	MC	Yes	Coconut	30 g	160	13	8	0	0.0	0.0	14.0	3.0	8.0	2.0
Costa Almond Butter Raspberry (Paleo)	Yes	Yes	MC	MC	MC	MC				MC	MC	MC		30g	160	12	5	0	0.0	0.0	14.0	2.0	10.0	3.0
Costa Himalayan Sea Salt (Keto)	Yes	Yes	MC	MC	MC	MC				MC	MC			30 g	140	14	8	0	0.0	125.0	12.0	10.0	0.0	2.0
Bars (Earnest Eats) Cranberry Lemon Zest Bar	Yes	Yes										Yes	Almond and Walnut	1 Each (54g)	200	8	0.5	0	0.0	100.0	29.0	3.0	13.0	5.0
OATMEAL (Earnest Eats) Blueberry Chia Superfoods	Yes	Yes												1 Each (60g)	210	5	0.5	0	0.0	85.0	42.0	5.0	13.0	6.0
Original flavour Brickman's Kettle Chips	Yes	No				Yes								1 Pack (39 g)	200	12	2	0	0.0	380.0	20.0	1.0	1.0	3.0
Quiche + Arugula Salad	Yes	No	Yes	MC	Yes	Yes				MC	MC	MC		1 Each (449g)	770	60	23	0	645.0	1670.0	18.0	0.0	12.0	36.0
Baked Eggs + Sausage + Cheddar on Brioche	No	No	Yes		Yes	Yes								1 Each (305g)	770	51	25	0	405.0	1320.0	38.0	1.0	8.0	36.0
Baked Eggs + Feta + Arugula on Brioche	Yes	No	Yes	MC	Yes	Yes				MC	MC	MC		1 Each (227g)	520	27	14	0	350.0	1080.0	37.0	1.0	8.0	25.0
Breakfast Burrito	No	No			Yes	Yes								1 Each	840	52	24	0	375.0	1590.0	56.0	2.0	6.0	36.0
Side of Avocado	Yes	Yes												2 oz (57g)	90	8	1	0	0.0	0.0	5.0	4.0	0.0	1.0
Avocado Toast	Yes	No	Yes	Yes						Yes				1 Piece (217g)	540	44	6	0	0.0	230.0	32.0	10.0	3.0	6.0
Beet Hummus Toast	Yes	No	Yes	Yes		Yes				Yes				1 Piece (197g)	480	16	1.5	0	10.0	940.0	66.0	10.0	14.0	17.0
Side of baked eggs	Yes	No			Yes	Yes								0.5 Portion (189g)	320	24	13	0	325.0	550.0	5.0	0.0	4.0	20.0
Side of sausage	No	No												1 Each (42g)	180	17	6	0	30.0	280.0	1.0	0.0	0.0	6.0
Prosciutto + White Cheddar Stuffed Croissant	No	No	Yes	Yes	Yes	Yes								1 Each (175g)	600	37	21	0.5	125.0	1660.0	42.0	2.0	6.0	28.0
Smoked Salmon Bagel	No	No	Yes			Yes	Yes			Yes				1 Each (226g)	600	29	14	0	85.0	1630.0	58.0	2.0	6.0	26.0
Lox + Herbed Cream Cheese + Dill Toast	No	No	Yes	MC	MC	Yes	Yes			Yes	MC	MC		1 Each (222g)	550	29	16	0	80.0	1360.0	46.0	4.0	6.0	25.0
Hazelnut Spread (Nutella) + Strawberries + Toasted Almonds Toast	Yes	No	Yes	Yes	MC	Yes				Yes	MC	Yes	Almond, hazelnut	1 Each (187g)	630	27	7	0	5.0	470.0	84.0	8.0	38.0	12.0
Roasted Turkey, Mozzarella, Sun Dried Tomatoes, Arugula on Brioche	No	No	Yes	Yes	Yes	Yes				MC	MC	MC		1 Each (313g)	670	37	18	0	105.0	1570.0	43.0	3.0	12.0	40.0
Sun Dried Tomatoes, Mozzarella, Arugula, Balsamic Syrup on Ciabatta	No	No	Yes	Yes		Yes						MC		1 Each (311g)	790	36	15	0	60.0	1400.0	86.0	4.0	10.0	31.0

2,000 calories a day is used for general nutrition advice, but calorie needs vary  
 Additional nutrition information available upon request

Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
																								MC
Holiday Turkey and Cheddar Sandwich	No	No	Yes	MC	Yes	Yes			MC	MC	MC		1 Each (191g)	410	14	7	0	65.0	1140.0	44.0	2.0	15.0	24.0	
Kale, Quinoa and Cranberry Salad	Yes	No		Yes		Yes				Yes	Yes	Almond	1 Portion (241g)	580	36	5	0	10.0	550.0	49.0	9.0	29.0	16.0	
The Greek Cucumber Salad	Yes	No				Yes							1 Portion (170g)	200	15	2	2	0.0	1010.0	11.0	1.0	8.0	4.0	
Sunflower Wheat Bagel	Yes	Yes	Yes	MC	MC	MC				MC	MC		1 bagel (125g)	270	3.5	0	0	0.0	600.0	53.0	4.0	5.0	9.0	
Polenta Cake	Yes	No	Yes		Yes	Yes							1 Piece (104g)	350	17	10	0.5	90.0	450.0	45.0	1.0	23.0	5.0	
Polenta Cake with Chai Icing	Yes	No	Yes	MC	Yes	Yes				MC	Yes	Coconut	1 Piece (114g)	380	18	10	0.5	90.0	450.0	51.0	1.0	29.0	5.0	
Polenta Cake with Chai Icing and Pistachios	Yes	No	Yes	MC	Yes	Yes				MC	Yes	Coconut, Pistachio	1 Piece (121g)	420	21	11	0.5	90.0	450.0	53.0	2.0	29.0	7.0	
Zucchini Cake	Yes	No	Yes	Yes	Yes	MC			MC	MC	MC		1 Slice (132g)	520	24	2	0	40.0	320.0	66.0	2.0	32.0	8.0	
Banana Choc Cake	Yes	No	Yes	Yes	Yes	Yes			MC	MC	MC		1/2 inch slice (65g)	260	13	7	0	60.0	1160.0	34.0	1.0	20.0	3.0	
Sun butter Energy Bite	Yes	No	MC	Yes	MC	Yes			MC	MC	Yes	Coconut	1 piece (28g)	140	8	3.5	0	0.0	30.0	15.0	2.0	7.0	3.0	
Granola Bar	Yes	No	Yes	Yes	Yes	Yes			MC	MC	Yes	Pecan	1 piece (88g)	450	31	17	1	75.0	340.0	45.0	less than 1g	39.0	2.0	
Everything Bagel	Yes	No	Yes	Yes	MC				Yes				1 Each (113g)	290	4	0.5	0	0.0	690.0	54.0	2.0	4.0	10.0	
Cinnamon & Raisin Bagel	Yes	No	Yes	MC	MC	MC			MC	MC	MC		1 Each (125g)	290	1	0	0	0.0	650.0	64.0	2.0	13.0	9.0	
Plain Bagel	Yes	No	Yes	MC	MC	MC				MC	MC		1 Each (125g)	260	0.5	0	0	0.0	570.0	55.0	2.0	5.0	8.0	
Pretzel Croissant	Yes	No	Yes	MC	MC	Yes			MC	MC	MC		1 Each (57g)	250	15	9	0.5	40.0	240.0	26.0	1.0	3.0	4.0	
Choc Croissant	Yes	No	Yes	Yes	Yes	Yes							1 Each (64g)	290	16	10	0	50.0	280.0	33.0	2.0	10.0	6.0	
Blueberry Muffin	Yes	No	Yes	Yes	Yes								1 Each (142g)	440	20	3	0	60.0	370.0	62.0	1.0	36.0	4.0	
Chocolate Muffin	Yes	No	Yes	Yes	Yes	MC							1 Each (142g)	560	28	7	0	65.0	380.0	72.0	1.0	45.0	6.0	
Lemon Poppy Seed Muffin	Yes	No	Yes	Yes	Yes								1 Each (142g)	470	21	4.5	0	65.0	360.0	65.0	1.0	37.0	6.0	
Bread pudding 'toffee cake'	Yes	No	Yes	Yes	Yes	Yes			MC	MC	MC		1 Each (440g)	440	18	10	0	130.0		63.0	less than 1g	47.0	7.0	
Cranberry Walnut Rosemary Muffin	Yes	No	Yes	Yes	Yes	Yes					Yes	Walnut	1 Each (163g)	720	13	7	0	70.0	520.0	98.0	5.0	62.0	6.0	
Shortbread Cookie	Yes	No	Yes	MC	MC	Yes			MC	MC	MC		1 Each (28g)	90	5	3	0	15.0	35.0	9.0	0.0	3.0	1.0	
Snickerdoodle Cookie	Yes	No	Yes	Yes	Yes	Yes				MC	MC		1 Each (42.6g)	180	8	4	0	15.0	160.0	25.0	0.0	12.0	2.0	
Choc Chunk Cookie	Yes	No	Yes	Yes	Yes	Yes				MC	MC		0.5 Each (42.52g)	190	9	4.5	0	10.0	120.0	26.0	1.0	16.0	2.0	
Vegan Yogurt Parfait	Yes	Yes									Yes	Coconut, Pistachio	1 Each (276g)	450	24	12	0	0.0	200.0	53.0	3.0	37.0	7.0	
Arugula Salad	Yes	Yes		Yes									1 Serving (97g)	210	20	2.5	0	0.0	490.0	9.0	0.0	7.0	0.0	
Fresh Fruit	Yes	Yes											1 Cup (227g)	110	0	0	0	0.0	25.0	3.0	0.0	29.0	2.0	

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
White Chocolate Macadamia Nut Cookie	Yes	No	Yes	Yes	Yes	Yes					Yes	Macadamia Nuts	1 Cookie (86g)	380	18	9	0	20.0	230.0	50.0	0.0	30.0	4.0
M&M Cookie	Yes	No	Yes	Yes	Yes	Yes				MC	MC		1 Cookie (85g)	380	16	8	0	20.0	250.0	54.0	0.0	34.0	4.0
Sugar Cookie	Yes	No	Yes	Yes	Yes	Yes							1 Cookie (86g)	360	16	8	0	20.0	270.0	52.0	0.0	28.0	4.0
Red Velvet White Chocolate Cookie	Yes	No	Yes	Yes	Yes	Yes				MC	MC		1 Cookie (43g)	190	9	5	0	15.0	105.0	27.0	1.0	18.0	2.0
Oatmeal Caramel Apple Cookie	Yes	No	Yes	Yes	Yes	Yes				MC	MC		1 Cookie (64g)	260	10	5	0	30.0	180.0	40.0	2.0	24.0	4.0
Cinnamon Roll with Icing	Yes	No	Yes	Yes		Yes							1 Each (199g)	700	29	17	0	0.0	1340.0	102.0	3.0	54.0	7.0
<b>Tea</b>																							
Cherry Blossom Green Tea	Yes	Yes											1 tea sachet	0	0	0	0	0.0	0.0	less than 1g	0.0	0.0	0.0
Vanilla Rooibos Herbal Tea	Yes	Yes											1 tea sachet	0	0	0	0	0.0	0.0	less than 1g	0.0	0.0	0.0
Masala Chai Tea	Yes	Yes											1 tea sachet	0	0	0	0	0.0	0.0	less than 1g	0.0	0.0	0.0
Bergamot Black Tea	Yes	Yes											1 tea sachet	0	0	0	0	0.0	0.0	less than 1g	0.0	0.0	0.0
<b>Smoothies</b>																							
Strawberry and Oat Smoothie	Yes	Yes											441g	250	7	0.5	0	0.0	115.0	44.0	6.0	24.0	2.0
Chocolate Protein Banana Smoothie	Yes	Yes		Yes							Yes	Almond	457g	330	7	0	0	0.0	290.0	48.0	10.0	34.0	29.0
Strawberry Mango Smoothie	Yes	Yes											508 g	330	0	0	0	0.0	10.0	79.0	5.0	66.0	4.0
Banana Matcha Smoothie	Yes	Yes									Yes	Almond	471 g	400	3.5	0	0	0.0	140.0	88.0	15.0	53.0	5.0
<b>Iced Teas</b>																							
Rooibos Lime Iced Tea	Yes	Yes											16 fl oz	60	0	0	0	0.0	0.0	14.0	0.0	14.0	0.0
Sakura Lemongrass Green Iced Tea	Yes	Yes											16 fl oz	60	0	0	0	0.0	0.0	15.0	0.0	15.0	0.0
Bergamot Peach Iced Tea	Yes	Yes											16 fl oz	50	0	0	0	0.0	0.0	13.0	0.0	13.0	0.0
<b>Masala Chai</b>																							
Masala Chai Latte Small - made with 2% Milk	Yes	No				Yes							12 fl oz	150	3.5	2	0	15.0	140.0	23.0	1.0	20.0	5.0
Masala Chai Latte Medium - made with 2% Milk	Yes	No				Yes							16 fl oz	190	4	2.5	0	15.0	180.0	30.0	2.0	27.0	6.0
Masala Chai Latte Large - made with 2% Milk	Yes	No				Yes							20 fl oz	260	6	3.5	0	25.0	250.0	41.0	2.0	36.0	10.0
Masala Chai Latte Small - made with Whole Milk	Yes	No				Yes							12 fl oz	160	5	3	0	15.0	135.0	23.0	1.0	20.0	5.0
Masala Chai Latte Medium - made with Whole Milk	Yes	No				Yes							16 fl oz	210	6	3.5	0	20.0	170.0	30.0	2.0	27.0	6.0
Masala Chai Latte Large - made with Whole Milk	Yes	No				Yes							20 fl oz	290	9	5	0	30.0	240.0	41.0	2.0	36.0	9.0

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Masala Chai Latte Small - made with Skim Milk	Yes	No				Yes							12 fl oz	120	0	0	0	5.0	130.0	23.0	1.0	21.0	6.0
Masala Chai Latte Medium - made with Skim Milk	Yes	No				Yes							16 fl oz	150	0	0	0	5.0	170.0	31.0	2.0	27.0	7.0
Masala Chai Latte Large - made with Skim Milk	Yes	No				Yes							20 fl oz	210	0	0	0	5.0	230.0	41.0	0.0	37.0	10.0
Masala Chai Latte Small - made with Oat Drink	Yes	Yes											12 fl oz	150	4.5	0	0	0.0	135.0	24.0	3.0	15.0	1.0
Masala Chai Latte Medium - made with Oat Drink	Yes	Yes											16 fl oz	190	6	0	0	0.0	18.0	32.0	3.0	20.0	1.0
Masala Chai Latte Large - made with Oat Drink	Yes	Yes											20 fl oz	270	8	0.5	0	0.0	240.0	44.0	5.0	26.0	1.0
Masala Chai Latte Small - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	12 fl oz	90	2.5	0	0	0.0	160.0	15.0	1.0	13.0	1.0	
Masala Chai Latte Medium - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	16 fl oz	120	3	0	0	0.0	200.0	21.0	2.0	18.0	2.0	
Masala Chai Latte Large - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	20 fl oz	160	4	0	0	0.0	280.0	2.0	2.0	23.0	2.0	
Masala Chai Latte Small - made with Almond Drink (sweet)	Yes	Yes								Yes	Almond	12 fl oz	110	3	0	0	0.0	160.0	19.0	1.0	16.0	1.0	
Masala Chai Latte Medium - made with Almond Drink (sweet)	Yes	Yes								Yes	Almond	16 fl oz	140	3.5	0	0	0.0	200.0	26.0	2.0	22.0	2.0	
Masala Chai Latte Large - made with Almond Drink (sweet)	Yes	Yes								Yes	Almond	20 fl oz	200	5	0	0	0.0	280.0	34.0	2.0	28.0	2.0	
Iced Masala Chai Latte Small - made with 2% Milk	Yes	No				Yes						12 fl oz	160	2.5	1.5	0	10.0	160.0	30.0	2.0	26.0	4.0	
Iced Masala Chai Latte Medium - made with 2% Milk	Yes	No				Yes						16 fl oz	200	3.5	2	0	15.0	200.0	6.0	2.0	32.0	5.0	
Iced Masala Chai Latte Large - made with 2% Milk	Yes	No				Yes						20 fl oz	270	4	2.5	0	15.0	270.0	50.0	3.0	44.0	7.0	
Iced Masala Chai Latte Small - made with Whole Milk	Yes	No				Yes						12 fl oz	180	4	2.5	0	15.0	160.0	30.0	2.0	26.0	4.0	
Iced Masala Chai Latte Medium - made with Whole Milk	Yes	No				Yes						16 fl oz	220	5	3	0	15.0	190.0	36.0	2.0	32.0	5.0	
Iced Masala Chai Latte Large - made with Whole Milk	Yes	No				Yes						20 fl oz	290	7	4	0	20.0	260.0	50.0	3.0	44.0	6.0	
Iced Masala Chai Latte Small - made with Skim Milk	Yes	No				Yes						12 fl oz	120	0	0	0	5.0	130.0	23.0	1.0	21.0	6.0	
Iced Masala Chai Latte Medium - made with Skim Milk	Yes	No				Yes						16 fl oz	170	0	0	0	5.0	190.0	37.0	2.0	32.0	6.0	
Iced Masala Chai Latte Large - made with Skim Milk	Yes	No				Yes						20 fl oz	240	0	0	0	5.0	260.0	51.0	3.0	44.0	7.0	
Iced Masala Chai Latte Small - made with Oat Drink	Yes	Yes										12 fl oz	170	3.5	0	0	0.0	160.0	31.0	3.0	22.0	1.0	
Iced Masala Chai Latte Medium - made with Oat Drink	Yes	Yes										16 fl oz	210	4.5	0	0	0.0	190.0	38.0	4.0	26.0	1.0	
Iced Masala Chai Latte Large - made with Oat Drink	Yes	Yes										20 fl oz	280	6	0	0	0.0	260.0	52.0	5.0	36.0	1.0	
Iced Masala Chai Latte Small - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	12 fl oz	120	2	0	0	0.0	170.0	24.0	2.0	20.0	1.0	
Iced Masala Chai Latte Medium - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	16 fl oz	150	2.5	0	0	0.0	210.0	28.0	2.0	24.0	1.0	
Iced Masala Chai Latte Large - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond	20 fl oz	200	3	0	0	0.0	290.0	41.0	3.0	34.0	2.0	

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Additional nutrition information available upon request



Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Masala Chai Latte Small - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	12 fl oz	140	2.5	0	0	0.0	170.0	27.0	2.0	23.0	1.0
Iced Masala Chai Latte Medium - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	16 fl oz	170	3	0	0	0.0	210.0	32.0	2.0	27.0	1.0
Iced Masala Chai Latte Large - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	20 fl oz	230	4	0	0	0.0	290.0	46.0	3.0	38.0	2.0
<b>Turmeric</b>																							
Turmeric Latte Small - made with 2% Milk	Yes	No				Yes							12 fl oz	230	6	4	0	25.0	150.0	34.0	0.0	34.0	10.0
Turmeric Latte Medium - made with 2% Milk	Yes	No				Yes							16 fl oz	280	7	4.5	0	30.0	170.0	42.0	0.0	42.0	12.0
Turmeric Latte Large - made with 2% Milk	Yes	No				Yes							20 fl oz	330	8	5	0	35.0	190.0	51.0	0.0	51.0	14.0
Turmeric Latte Small - made with Whole Milk	Yes	No				Yes							12 fl oz	260	10	6	0	30.0	135.0	34.0	0.0	34.0	10.0
Turmeric Latte Medium - made with Whole Milk	Yes	No				Yes							16 fl oz	320	12	7	0	35.0	160.0	42.0	0.0	42.0	11.0
Turmeric Latte Large - made with Whole Milk	Yes	No				Yes							20 fl oz	380	13	8	0	40.0	180.0	51.0	0.0	51.0	13.0
Turmeric Latte Small - made with Skim Milk	Yes	No				Yes							12 fl oz	180	0	0	0	5.0	130.0	34.0	0.0	34.0	10.0
Turmeric Latte Medium- made with Skim Milk	Yes	No				Yes							16 fl oz	220	0	0	0	5.0	150.0	43.0	0.0	43.0	12.0
Turmeric Latte Large - made with Skim Milk	Yes	No				Yes							20 fl oz	270	0	0	0	10.0	170.0	52.0	0.0	52.0	14.0
Turmeric Latte Small - made with Oat Drink	Yes	No											12 fl oz	240	9	0.5	0	0.0	140.0	36.0	3.0	23.0	1.0
Turmeric Latte Medium- made with Oat Drink	Yes	No											16 fl oz	290	10	0.5	0	0.0	160.0	46.0	3.0	29.0	1.0
Turmeric Latte Large - made with Oat Drink	Yes	No											20 fl oz	340	12	1	0	0.0	190.0	55.0	3.0	36.0	2.0
Turmeric Latte Small - made with Almond Drink (unsweet)	Yes	No									Yes	Almond	12 fl oz	130	4.5	0	0	0.0	180.0	19.0	0.0	19.0	3.0
Turmeric Latte Medium- made with Almond Drink (unsweet)	Yes	No									Yes	Almond	16 fl oz	160	5	0	0	0.0	210.0	25.0	0.0	25.0	3.0
Turmeric Latte Large - made with Almond Drink (unsweet)	Yes	No									Yes	Almond	20 fl oz	190	6	0	0	0.0	240.0	31.0	0.0	31.0	3.0
Turmeric Latte Small - made with Almond Drink (sweet)	Yes	No									Yes	Almond	12 fl oz	160	6	0	0	0.0	180.0	24.0	0.0	25.0	3.0
Turmeric Latte Medium- made with Almond Drink (sweet)	Yes	No									Yes	Almond	16 fl oz	200	7	0	0	0.0	210.0	34.0	0.0	32.0	3.0
Turmeric Latte Large - made with Almond Drink (sweet)	Yes	No									Yes	Almond	20 fl oz	240	8	0	0	0.0	240.0	41.0	0.0	40.0	3.0
Iced Turmeric Latte Small - made with 2% Milk	Yes	No				Yes							12 fl oz	140	2.5	1.5	0	10.0	60.0	25.0	0.0	25.0	4.0
Iced Turmeric Latte Medium - made with 2% Milk	Yes	No				Yes							16 fl oz	180	3	2	0	15.0	75.0	33.0	0.0	33.0	5.0
Iced Turmeric Latte Large - made with 2% Milk	Yes	No				Yes							20 fl oz	300	7	4.5	0	25.0	160.0	48.0	0.0	48.0	4.0
Iced Turmeric Latte Small - made with Whole Milk	Yes	No				Yes							12 fl oz	150	4	1.5	0	10.0	55.0	25.0	0.0	25.0	4.0
Iced Turmeric Latte Medium - made with Whole Milk	Yes	No				Yes							16 fl oz	200	5	3	0	15.0	70.0	33.0	0.0	33.0	5.0

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Turmeric Latte Large - made with Whole Milk	Yes	No				Yes							20 fl oz	330	11	6	0	35.0	150.0	48.0	0.0	48.0	11.0
Iced Turmeric Latte Small - made with Skim Milk	Yes	No				Yes							12 fl oz	120	0	0	0	0.0	50.0	25.0	0.0	25.0	4.0
Iced Turmeric Latte Medium - made with Skim Milk	Yes	No				Yes							16 fl oz	150	0	0	0	5.0	65.0	33.0	0.0	33.0	5.0
Iced Turmeric Latte Large - made with Skim Milk	Yes	No				Yes							20 fl oz	240	0	0	0	5.0	140.0	48.0	0.0	48.0	12.0
Iced Turmeric Latte Small - made with Oat Drink	Yes	No											12 fl oz	140	3.5	0	0	0.0	55.0	26.0	1.0	20.0	1.0
Iced Turmeric Latte Medium - made with Oat Drink	Yes	No											16 fl oz	190	4.5	0	0	0.0	70.0	34.0	1.0	27.0	1.0
Iced Turmeric Latte Large - made with Oat Drink	Yes	No											20 fl oz	310	10	0.5	0	0.0	150.0	51.0	3.0	35.0	1.0
Iced Turmeric Latte Small - made with Almond Drink (unsweet)	Yes	No								Yes	Almond		12 fl oz	100	2	0	0	0.0	70.0	19.0	0.0	19.0	1.0
Iced Turmeric Latte Medium - made with Almond Drink (unsweet)	Yes	No								Yes	Almond		16 fl oz	130	2.5	0	0	0.0	90.0	25.0	0.0	25.0	1.0
Iced Turmeric Latte Large - made with Almond Drink (unsweet)	Yes	No								Yes	Almond		20 fl oz	180	5	0	0	0.0	200.0	31.0	0.0	31.0	3.0
Iced Turmeric Latte Small - made with Almond Drink (sweet)	Yes	No								Yes	Almond		12 fl oz	110	2.5	0	0	0.0	70.0	22.0	0.0	21.0	1.0
Iced Turmeric Latte Medium - made with Almond Drink (sweet)	Yes	No								Yes	Almond		16 fl oz	150	3	0	0	0.0	90.0	29.0	0.0	28.0	1.0
Iced Turmeric Latte Large - made with Almond Drink (sweet)	Yes	No								Yes	Almond		20 fl oz	220	6	0	0	0.0	200.0	40.0	0.0	38.0	3.0
<b>Matcha</b>																							
Matcha Latte Small - made with 2% Milk	Yes	No				Yes							12 fl oz	260	6	4	0	25.0	150.0	35.0	5.0	29.0	10.0
Matcha Latte Medium - made with 2% Milk	Yes	No				Yes							16 fl oz	420	8	5	0	35.0	190.0	61.0	10.0	49.0	14.0
Matcha Latte Large - made with 2% Milk	Yes	No				Yes							20 fl oz	590	10	6	0	40.0	240.0	87.0	15.0	68.0	17.0
Matcha Latte Small - made with Whole Milk	Yes	No				Yes							12 fl oz	300	10	6	0	30.0	130.0	35.0	5.0	29.0	10.0
Matcha Latte Medium - made with Whole Milk	Yes	No				Yes							16 fl oz	470	13	8	0	40.0	180.0	61.0	10.0	49.0	13.0
Matcha Latte Large - made with Whole Milk	Yes	No				Yes							20 fl oz	640	17	10	0.5	50.0	220.0	87.0	15.0	68.0	16.0
Matcha Latte Small - made with Skim Milk	Yes	No				Yes							12 fl oz	210	0	0	0	5.0	130.0	36.0	5.0	30.0	10.0
Matcha Latte Medium - made with Skim Milk	Yes	No				Yes							16 fl oz	360	0	0	0	10.0	170.0	62.0	10.0	50.0	14.0
Matcha Latte Large - made with Skim Milk	Yes	No				Yes							20 fl oz	500	0	0	0	10.0	220.0	88.0	15.0	69.0	17.0
Matcha Latte Small - made with Oat Drink	Yes	Yes											12 fl oz	270	9	0.5	0	0.0	140.0	38.0	7.0	18.0	1.0
Matcha Latte Medium - made with Oat Drink	Yes	Yes											16 fl oz	440	12	1	0	0.0	190.0	65.0	13.0	34.0	2.0
Matcha Latte Large - made with Oat Drink	Yes	Yes											20 fl oz	600	15	1	0	0.0	230.0	92.0	19.0	50.0	2.0
Matcha Latte Small - made with Almond Drink (unsweet)	Yes	Yes								Yes	Almond		12 fl oz	160	4.5	0	0	0.0	180.0	21.0	5.0	15.0	3.0

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
Matcha Latte Medium - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	16 fl oz	290	6	0	0	0.0	240.0	41.0	10.0	29.0	3.0	
Matcha Latte Large - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	20 fl oz	410	7	0	0	0.0	300.0	62.0	15.0	44.0	4.0	
Matcha Latte Small - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	12 fl oz	200	6	0	0	0.0	180.0	28.0	5.0	21.0	3.0	
Matcha Latte Medium - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	16 fl oz	340	8	0	0	0.0	240.0	51.0	10.0	38.0	3.0	
Matcha Latte Large - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	20 fl oz	480	10	0	0	0.0	300.0	75.0	15.0	54.0	4.0	
Iced Matcha Latte Small - made with 2% Milk	Yes	No				Yes							12 fl oz	170	2.5	1.5	0	10.0	60.0	27.0	5.0	21.0	4.0	
Iced Matcha Latte Medium - made with 2% Milk	Yes	No				Yes							16 fl oz	300	3	2	0	15.0	75.0	49.0	10.0	37.0	5.0	
Iced Matcha Latte Large - made with 2% Milk	Yes	No				Yes							20 fl oz	500	7	4.5	0	25.0	160.0	78.0	15.0	60.0	11.0	
Iced Matcha Latte Small - made with Whole Milk	Yes	No				Yes							12 fl oz	180	4	2.5	0	10.0	55.0	27.0	5.0	21.0	4.0	
Iced Matcha Latte Medium - made with Whole Milk	Yes	No				Yes							16 fl oz	320	5	3	0	15.0	70.0	49.0	10.0	37.0	5.0	
Iced Matcha Latte Large - made with Whole Milk	Yes	No				Yes							20 fl oz	530	11	6	0	35.0	140.0	78.0	15.0	60.0	10.0	
Iced Matcha Latte Small - made with Skim Milk	Yes	No				Yes							12 fl oz	150	0	0	0	0.0	50.0	27.0	5.0	21.0	4.0	
Iced Matcha Latte Medium - made with Skim Milk	Yes	No				Yes							16 fl oz	270	0	0	0	5.0	65.0	49.0	10.0	37.0	5.0	
Iced Matcha Latte Large - made with Skim Milk	Yes	No				Yes							20 fl oz	440	0	0	0	5.0	140.0	79.0	15.0	61.0	12.0	
Iced Matcha Latte Small - made with Oat Drink	Yes	Yes											12 fl oz	170	3.5	0	0	0.0	55.0	28.0	6.0	16.0	1.0	
Iced Matcha Latte Medium - made with Oat Drink	Yes	Yes											16 fl oz	300	4.5	0	0	0.0	70.0	50.0	11.0	31.0	1.0	
Iced Matcha Latte Large - made with Oat Drink	Yes	Yes											20 fl oz	510	10	0.5	0	0.0	150.0	82.0	17.0	48.0	1.0	
Iced Matcha Latte Small - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	12 fl oz	130	2	0	0	0.0	70.0	21.0	5.0	15.0	1.0	
Iced Matcha Latte Medium - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	16 fl oz	240	2.5	0	0	0.0	90.0	41.0	10.0	29.0	1.0	
Iced Matcha Latte Large - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	20 fl oz	380	5	0	0	0.0	200.0	62.0	15.0	44.0	3.0	
Iced Matcha Latte Small - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	12 fl oz	140	2.5	0	0	0.0	70.0	24.0	5.0	17.0	1.0	
Iced Matcha Latte Medium - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	16 fl oz	260	3	0	0	0.0	90.0	45.0	10.0	32.0	1.0	
Iced Matcha Latte Large - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	20 fl oz	430	6	0	0	0.0	200.0	70.0	15.0	51.0	3.0	
<b>Light Roast</b>																								
Light Roast - Small	Yes	Yes												286	10	0	0.5	0	0.0	115.0	1.4	0.0	0.3	0.9
Light Roast - Medium	Yes	Yes												382	15	0	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Light Roast - Large	Yes	Yes												498	20	0.5	0.5	0	0.0	200.0	2.5	0.0	less than 1g	1.5

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Light Roast - made with 2% Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with 2% Milk - Medium	Yes	No				Yes							382	15	0.5	0.5	0	0.0	150.0	2.2	0.0	0.4	1.4
Light Roast - made with 2% Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	0.5	1.7
Light Roast - made with Skim Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with Skim Milk - Medium	Yes	No				Yes							382	15	0	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.4
Light Roast - made with Skim Milk - Large	Yes	No				Yes							498	20	0.5	0.5	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Light Roast - made with Whole Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with Whole Milk - Medium	Yes	No				Yes							382	20	0.5	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.3
Light Roast - made with Whole Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Light Roast - made with Oat Drink - Small	Yes	Yes											280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with Oat Drink - Medium	Yes	Yes											382	15	1	0.5	0	0.0	150.0	2.2	0.1	0.5	1.2
Light Roast - made with Oat Drink - Large	Yes	Yes											498	20	1	0.5	0	0.0	200.0	2.8	0.1	less than 1g	1.5
Light Roast - made with Almond Drink (unsweet) - Small	Yes	Yes								Yes	Almond		280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with Almond Drink (unsweet) - Medium	Yes	Yes								Yes	Almond		382	15	0.5	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Light Roast - made with Almond Drink (unsweet) - Large	Yes	Yes								Yes	Almond		498	20	1	0.5	0	0.0	200.0	2.5	0.0	0.5	1.5
Light Roast - made with Almond Drink (sweet) - Small	Yes	Yes								Yes	Almond		280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Light Roast - made with Almond Drink (sweet) - Medium	Yes	Yes								Yes	Almond		382	15	0.5	0.5	0	0.0	150.0	2.0	0.0	less than 1g	1.2
Light Roast - made with Almond Drink (sweet) - Large	Yes	Yes								Yes	Almond		498	20	1	0.5	0	0.0	200.0	2.6	0.0	less than 1g	1.5
<b>House Blend Drip</b>																							
House Blend Drip - Small	Yes	Yes											286	10	0	0.5	0	0.0	115.0	1.4	0.0	0.3	0.9
House Blend Drip - Medium	Yes	Yes											382	15	0	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
House Blend Drip - Large	Yes	Yes											498	20	0.5	0.5	0	0.0	200.0	2.5	0.0	less than 1g	1.5
House Blend Drip - made with 2% Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with 2% Milk - Medium	Yes	No				Yes							382	15	0.5	0.5	0	0.0	150.0	2.2	0.0	0.4	1.4
House Blend Drip - made with 2% Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	0.5	1.7
House Blend Drip - made with Skim Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with Skim Milk - Medium	Yes	No				Yes							382	15	0	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.4

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Product Description	Dietary Choices		Allergens Present										Per portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
House Blend Drip - made with Skim Milk - Large	Yes	No				Yes							498	20	0.5	0.5	0	0.0	200.0	2.8	0.0	less than 1g	1.7
House Blend Drip - made with Whole Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with Whole Milk - Medium	Yes	No				Yes							382	15	1	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.3
House Blend Drip - made with Whole Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	less than 1g	1.7
House Blend Drip - made with Oat Drink - Small	Yes	Yes											280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with Oat Drink - Medium	Yes	Yes											382	15	1	0.5	0	0.0	150.0	2.2	0.1	0.5	1.2
House Blend Drip - made with Oat Drink - Large	Yes	Yes											498	20	1	0.5	0	0.0	200.0	2.8	0.1	less than 1g	1.5
House Blend Drip - made with Almond Drink (unsweet) - Small	Yes	Yes								Yes	Almond		280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with Almond Drink (unsweet) - Medium	Yes	Yes								Yes	Almond		382	15	0.5	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
House Blend Drip - made with Almond Drink (unsweet) - Large	Yes	Yes								Yes	Almond		498	20	1	0.5	0	0.0	200.0	2.5	0.0	0.5	1.5
House Blend Drip - made with Almond Drink (sweet) - Small	Yes	Yes								Yes	Almond		280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
House Blend Drip - made with Almond Drink (sweet) - Medium	Yes	Yes								Yes	Almond		382	15	0.5	0.5	0	0.0	150.0	2.0	0.0	less than 1g	1.2
House Blend Drip - made with Almond Drink (sweet) - Large	Yes	Yes								Yes	Almond		498	20	1	0.5	0	0.0	200.0	2.6	0.0	less than 1g	1.5
<b>Dark Roast</b>																							
Dark Roast - Small	Yes	Yes											286	10	0	0.5	0	0.0	115.0	1.4	0.0	0.3	0.9
Dark Roast - Medium	Yes	Yes											382	15	0	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Dark Roast - Large	Yes	Yes											498	20	0.5	0.5	0	0.0	200.0	2.5	0.0	less than 1g	1.5
Dark Roast - made with 2% Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Dark Roast - made with 2% Milk - Medium	Yes	No				Yes							382	15	0.5	0.5	0	0.0	150.0	2.2	0.0	0.4	1.4
Dark Roast - made with 2% Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	0.5	1.7
Dark Roast - made with Skim Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Dark Roast - made with Skim Milk - Medium	Yes	No				Yes							382	15	0	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.4
Dark Roast - made with Skim Milk - Large	Yes	No				Yes							498	20	0.5	0.5	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Dark Roast - made with Whole Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Dark Roast - made with Whole Milk - Medium	Yes	No				Yes							382	20	1	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.3
Dark Roast - made with Whole Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Dark Roast - made with Oat Drink - Small	Yes	Yes											280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Dark Roast - made with Oat Drink - Medium	Yes	Yes											382	15	1	0.5	0	0.0	150.0	2.2	0.1	0.5	1.2
Dark Roast - made with Oat Drink - Large	Yes	Yes											498	20	1	0.5	0	0.0	200.0	2.8	0.1	less than 1g	1.5
Dark Roast - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Dark Roast - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	382	15	0.5	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Dark Roast - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	498	20	1	0.5	0	0.0	200.0	2.5	0.0	0.5	1.5
Dark Roast - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Dark Roast - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	382	15	0.5	0.5	0	0.0	150.0	2.0	0.0	less than 1g	1.2
Dark Roast - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	498	20	1	0.5	0	0.0	200.0	2.6	0.0	less than 1g	1.5
<b>Decaff Colombian Roast</b>																							
Decaff Colombian Roast - Small	Yes	Yes											286	10	0	0.5	0	0.0	115.0	1.4	0.0	0.3	0.9
Decaff Colombian Roast - Medium	Yes	Yes											382	15	0	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Decaff Colombian Roast- Large	Yes	Yes											498	20	0.5	0.5	0	0.0	150.0	2.5	0.0	less than 1g	1.5
Decaff Colombian Roast - made with 2% Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with 2% Milk - Medium	Yes	No				Yes							382	15	0.5	0.5	0	0.0	150.0	2.2	0.0	0.4	1.4
Decaff Colombian Roast - made with 2% Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	0.5	1.7
Decaff Colombian Roast - made with Skim Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with Skim Milk - Medium	Yes	No				Yes							382	15	0	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.4
Decaff Colombian Roast - made with Skim Milk - Large	Yes	No				Yes							498	20	0.5	0.5	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Decaff Colombian Roast- made with Whole Milk - Small	Yes	No				Yes							280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with Whole Milk - Medium	Yes	No				Yes							382	20	1	0.5	0	0.0	150.0	2.2	0.0	less than 1g	1.3
Decaff Colombian Roast- made with Whole Milk - Large	Yes	No				Yes							498	20	1	0.6	0	0.0	200.0	2.8	0.0	less than 1g	1.7
Decaff Colombian Roast - made with Oat Drink - Small	Yes	Yes											280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with Oat Drink - Medium	Yes	Yes											382	15	1	0.5	0	0.0	150.0	2.2	0.1	0.5	1.2
Decaff Colombian Roast - made with Oat Drink - Large	Yes	Yes											498	20	1	0.5	0	0.0	200.0	2.8	0.1	less than 1g	1.5
Decaff Colombian Roast - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	382	15	0.5	0.5	0	0.0	150.0	1.9	0.0	0.4	1.2
Decaff Colombian Roast - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	498	20	1	0.5	0	0.0	150.0	2.5	0.0	0.5	1.5

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Decaff Colombian Roast - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	280	10	0	0.5	0	0.0	110.0	1.4	0.0	0.3	0.8
Decaff Colombian Roast - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	382	15	0.5	0.5	0	0.0	150.0	2.0	0.0	less than 1g	1.2
Decaff Colombian Roast - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	498	20	1	0.5	0	0.0	200.0	2.6	0.0	less than 1g	1.5
<b>Espresso</b>																							
Espresso - Single	Yes	No											30	5	0	0	0	0.0	10.0	0.9	0.0	0.0	0.4
Espresso - Double	Yes	No											60	10	0	0	0	0.0	25.0	1.9	0.0	0.1	0.8
<b>Ristretto</b>																							
Ristretto - Single	Yes	No											20	5	0	0	0	0.0	10.0	1.0	0.0	0.0	0.4
Ristretto - Double	Yes	No											40	10	0	0	0	0.0	15.0	2.0	0.0	0.0	less than 1g
<b>Macchiato</b>																							
Macchiato - made with 2% Milk - Single	Yes	No				Yes							40	10	0	0	0	0.0	15.0	1.4	0.0	0.0	less than 1g
Macchiato - made with 2% Milk - Double	Yes	No				Yes							80	20	0.5	0.5	0	0.0	35.0	2.8	0.0	0.1	1.5
Macchiato - made with Skim Milk - Single	Yes	No				Yes							40	15	0	0	0	0.0	15.0	2.0	0.0	2.0	1.5
Macchiato - made with Skim Milk - Double	Yes	No				Yes							80	20	0	0	0	0.0	30.0	2.8	0.0	1.0	1.5
Macchiato - made with Whole Milk - Single	Yes	No				Yes							40	10	0	0	0	0.0	15.0	1.4	0.0	less than 1g	less than 1g
Macchiato - made with Whole Milk - Double	Yes	No				Yes							80	25	1	0.5	0	2.0	30.0	2.8	0.0	1.0	1.4
Macchiato - made with Oat Drink - Single	Yes	Yes											40	10	0	0	0	0.0	15.0	1.5	0.1	0.2	0.4
Macchiato - made with Oat Drink - Double	Yes	Yes											80	20	1	0	0	0.0	35.0	3.0	0.2	0.3	less than 1g
Macchiato - made with Almond Drink (unsweet) - Single	Yes	Yes									Yes	Almond	40	20	1	0	0	0.0	20.0	1.8	0.3	0.4	0.2
Macchiato - made with Almond Drink (unsweet) - Double	Yes	Yes									Yes	Almond	80	15	0	0	0	0.0	35.0	1.9	0.0	0.1	1.0
Macchiato - made with Almond Drink (sweet) - Single	Yes	Yes									Yes	Almond	40	10	0	0	0	0.0	20.0	1.2	0.0	0.2	0.5
Macchiato - made with Almond Drink (sweet) - Double	Yes	Yes									Yes	Almond	80	15	0.5	0	0	0.0	35.0	2.4	0.0	0.5	1.0
<b>Espresso Con Pana</b>																							
Espresso Con Pana - Single	Yes	No				Yes							65	110	7	3.5	0	35.0	10.0	7.9	0.0	7.0	0.4
Espresso Con Pana - Double	Yes	No				Yes							95	115	7	3.6	0	35.0	25.0	8.9	0.0	7.1	less than 1g
<b>Americano</b>																							
Americano - Small	Yes	Yes											260	10	0	0	0	0.0	25.0	1.9	0.0	0.1	less than 1g

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Americano - Medium	Yes	Yes											340	20	0	0	0	0.0	30.0	3.0	0.0	0.1	1.2
Americano - Large	Yes	Yes											450	25	0	0	0	0.0	50.0	3.7	0.0	0.1	1.6
Americano - made with 2% Milk - Small	Yes	No				Yes							260	15	0	0	0	0.0	30.0	2.2	0.0	0.1	1.0
Americano - made with 2% Milk - Medium	Yes	No				Yes							340	20	0	0	0	0.0	35.0	3.3	0.0	0.1	1.4
Americano - made with 2% Milk - Large	Yes	No				Yes							450	25	0	0	0	0.0	50.0	4.0	0.0	0.1	1.8
Americano - made with Skim Milk - Small	Yes	No				Yes							260	15	0	0	0	0.0	25.0	2.2	0.0	0.4	1.0
Americano - made with Skim Milk - Medium	Yes	No				Yes							340	20	0	0	0	0.0	35.0	3.3	0.0	0.4	1.4
Americano - made with Skim Milk - Large	Yes	No				Yes							450	25	0	0	0	0.0	50.0	4.0	0.0	0.4	1.8
Americano - made with Whole Milk - Small	Yes	No				Yes							260	15	0	0	0	0.0	25.0	2.2	0.0	0.4	1.0
Americano - made with Whole Milk - Medium	Yes	No				Yes							340	20	0	0	0	0.0	35.0	3.3	0.0	0.4	1.4
Americano - made with Whole Milk - Large	Yes	No				Yes							450	25	0	0	0	0.0	50.0	4.0	0.0	0.4	1.8
Americano - made with Oat Drink - Small	Yes	Yes											260	15	0	0	0	0.0	25.0	2.2	0.1	0.1	less than 1g
Americano - made with Oat Drink - Medium	Yes	Yes											340	20	0	0	0	0.0	35.0	3.3	0.1	0.2	1.2
Americano - made with Oat Drink - Large	Yes	Yes											450	25	0	0	0	0.0	50.0	4.1	0.1	0.2	1.6
Americano - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	260	15	0	0	0	0.0	30.0	1.9	0.0	0.1	less than 1g
Americano - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	340	20	0	0	0	0.0	35.0	3.0	0.0	0.1	1.3
Americano - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	450	25	0	0	0	0.0	50.0	3.7	0.0	0.1	1.6
Americano - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	260	15	0	0	0	0.0	30.0	2.0	0.0	0.2	less than 1g
Americano - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	340	20	0	0	0	0.0	35.0	3.1	0.0	0.2	1.3
Americano - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	450	25	0	0	0	0.0	50.0	3.9	0.0	0.3	1.6
<b>Latte</b>																							
Latte - made with 2% Milk - Small - Drink In	Yes	No				Yes							226	110	4	2.4	0	15.0	110.0	10.5	0.0	0.0	7.6
Latte - made with 2% Milk - Small - Takeaway	Yes	No				Yes							276	130	4	2.7	0	20.0	135.0	12.4	0.0	0.1	8.7
Latte - made with 2% Milk - Medium	Yes	No				Yes							364	170	6	3.8	0	25.0	180.0	16.7	0.0	0.1	12.0
Latte - made with 2% Milk - Large - Drink In	Yes	No				Yes							472	230	7	4.9	0	30.0	230.0	22.2	0.0	0.1	15.6
Latte - made with 2% Milk - Large - Takeaway	Yes	No				Yes							496	240	8	5	0	35.0	240.0	23.3	0.0	0.1	16.5
Latte - made with Skim Milk - Small - Drink In	Yes	No				Yes							226	70	0	0	0	Less than 5mg	95.0	10.5	0.0	9.6	7.6

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Latte - made with Skim Milk - Small - Takeaway	Yes	No				Yes							276	80	0	0	0	Less than 5mg	115.0	12.4	0.0	10.6	8.7
Latte - made with Skim Milk - Medium	Yes	No				Yes							364	110	0	0	0	6.0	150.0	16.7	0.0	15.0	12.0
Latte - made with Skim Milk - Large - Drink In	Yes	No				Yes							472	150	0	0	0	8.0	200.0	22.2	0.0	19.3	15.6
Latte - made with Skim Milk - Large - Takeaway	Yes	No				Yes							496	150	0	0	0	9.0	210.0	23.3	0.0	20.5	16.5
Latte - made with Whole Milk - Small - Drink In	Yes	No				Yes							226	130	7	3.6	0	20.0	95.0	10.6	0.0	9.7	6.8
Latte - made with Whole Milk - Small - Takeaway	Yes	No				Yes							276	140	7	4	0	20.0	115.0	12.5	0.0	10.7	7.9
Latte - made with Whole Milk - Medium	Yes	No				Yes							364	200	10	6	0	30.0	150.0	16.8	0.0	15.0	10.8
Latte - made with Whole Milk - Large - Drink In	Yes	No				Yes							472	260	13	7	0	40.0	200.0	22.2	0.0	19.4	14.1
Latte - made with Whole Milk - Large - Takeaway	Yes	No				Yes							496	270	14	8	0	40.0	210.0	23.4	0.0	20.5	14.8
Latte - made with Oat Drink - Small - Drink In	Yes	No											226	110	6	0.5	0	0.0	100.0	12.4	1.6	2.5	1.2
Latte - made with Oat Drink - Small - Takeaway	Yes	No											276	130	7	0.5	0	0.0	125.0	14.5	1.8	2.8	1.7
Latte - made with Oat Drink - Medium	Yes	No											364	180	9	0.7	0	0.0	160.0	19.6	2.5	3.9	2.1
Latte - made with Oat Drink - Large - Drink In	Yes	No											472	230	12	0.9	0	0.0	210.0	25.8	3.3	5.0	2.8
Latte - made with Oat Drink - Large - Takeaway	Yes	No											496	240	12	0.9	0	0.0	220.0	27.2	3.5	5.3	2.9
Latte - made with Almond Drink (unsweet) - Small - Drink In	Yes	No									Yes	Almond	226	40	3	0	0	0.0	125.0	1.7	0.0	0.0	2.0
Latte - made with Almond Drink (unsweet) - Small - Takeaway	Yes	No									Yes	Almond	276	50	3.5	0	0	0.0	150.0	2.8	0.0	0.1	2.6
Latte - made with Almond Drink (unsweet) - Medium	Yes	No									Yes	Almond	364	60	5	0	0	0.0	200.0	3.1	0.0	0.1	3.3
Latte - made with Almond Drink (unsweet) - Large - Drink In	Yes	No									Yes	Almond	472	80	6	0	0	0.0	260.0	4.6	0.0	0.1	4.5
Latte - made with Almond Drink (unsweet) - Large - Takeaway	Yes	No									Yes	Almond	496	90	4	0	0	0.0	280.0	4.7	0.0	0.1	4.7
Latte - made with Almond Drink (sweet) - Small - Drink In	Yes	No									Yes	Almond	226	60	4	0	0	0.0	125.0	5.8	0.0	4.1	2.0
Latte - made with Almond Drink (sweet) - Small - Takeaway	Yes	No									Yes	Almond	276	80	4	0	0	0.0	150.0	7.3	0.0	4.6	2.6
Latte - made with Almond Drink (sweet) - Medium	Yes	No									Yes	Almond	364	100	6	0	0	0.0	200.0	9.5	0.0	6.4	3.3
Latte - made with Almond Drink (sweet) - Large - Drink In	Yes	No									Yes	Almond	472	130	8	0	0	0.0	260.0	12.8	0.0	8.3	4.5
Latte - made with Almond Drink (sweet) - Large - Takeaway	Yes	No									Yes	Almond	496	140	8	0	0	0.0	280.0	13.4	0.0	8.8	4.7
<b>Cappuccino</b>																							
Cappuccino - made with 2% Milk - Small	Yes	No		MC		Yes							287	140	5	3	0	20.0	140.0	13.9	less than 1g	0.1	9.4
Cappuccino - made with 2% Milk - Medium	Yes	No		MC		Yes							362	170	6	4	0	20.0	180.0	17.7	less than 1g	0.1	11.8

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Cappuccino - made with 2% Milk - Large	Yes	No		MC		Yes							422	190	6	4	0	25.0	200.0	19.4	less than 1g	0.2	12.9
Cappuccino - made with Skim Milk - Small	Yes	No		MC		Yes							287	90	0.5	0.5	0	Less than 5mg	120.0	13.9	less than 1g	11.1	9.4
Cappuccino - made with Skim Milk - Medium	Yes	No		MC		Yes							362	120	0.5	0.5	0	5.0	150.0	17.7	less than 1g	13.8	11.8
Cappuccino - made with Skim Milk - Large	Yes	No		MC		Yes							422	130	0.5	0.5	0	5.0	180.0	19.4	less than 1g	14.8	12.9
Cappuccino - made with Whole Milk - Small	Yes	No		MC		Yes							287	160	8	4.5	0	25.0	120.0	13.9	less than 1g	11.2	8.5
Cappuccino - made with Whole Milk - Medium	Yes	No		MC		Yes							362	200	10	6	0	30.0	150.0	17.7	less than 1g	13.9	10.7
Cappuccino - made with Whole Milk - Large	Yes	Yes		MC		Yes							422	210	11	6	0	30.0	180.0	19.5	less than 1g	14.9	11.7
Cappuccino - made with Oat Drink - Small	Yes	Yes		MC		MC							287	140	7	1	0	0.0	130.0	16.0	less than 1g	2.9	2.1
Cappuccino - made with Oat Drink - Medium	Yes	Yes		MC		MC							362	180	9	1	0	0.0	160.0	20.3	less than 1g	3.6	2.7
Cappuccino - made with Oat Drink - Large	Yes	Yes		MC		MC							422	190	10	1	0	0.0	190.0	22.2	less than 1g	3.9	3.2
Cappuccino - made with Almond Drink (unsweet) - Small	Yes	Yes		MC		MC					Yes	Almond	287	60	4	0.5	0	0.0	160.0	3.8	less than 1g	0.1	3.0
Cappuccino - made with Almond Drink (unsweet) - Medium	Yes	Yes		MC		MC					Yes	Almond	362	70	5	0.5	0	0.0	200.0	5.1	less than 1g	0.1	3.9
Cappuccino - made with Almond Drink (unsweet) - Large	Yes	Yes		MC		MC					Yes	Almond	422	80	5	0.5	0	0.0	220.0	6.0	less than 1g	0.2	4.4
Cappuccino - made with Almond Drink (sweet) - Small	Yes	Yes		MC		MC					Yes	Almond	287	80	5	0.5	0	0.0	160.0	8.5	less than 1g	4.8	3.0
Cappuccino - made with Almond Drink (sweet) - Medium	Yes	Yes		MC		MC					Yes	Almond	362	110	6	0.5	0	0.0	200.0	11.0	less than 1g	5.9	3.9
Cappuccino - made with Almond Drink (sweet) - Large	Yes	Yes		MC		MC					Yes	Almond	422	120	6	0.5	0	0.0	220.0	12.2	less than 1g	6.4	4.4
<b>Flat White</b>																							
Flat White - made with Whole Milk - Small	Yes	No				Yes							300	180	9	5	0	30.0	130.0	15.2	0.0	13.3	9.6
Flat White - made with 2% Milk - Small	Yes	No				Yes							300	160	5	3.5	0	20.0	149.8	15.2	0.0	0.0	10.6
Flat White - made with Skim Milk - Small	Yes	No				Yes							300	100	0.1	0	0	6.0	130.0	15.2	0.0	13.3	10.6
Flat White - made with Oat Drink - Small	Yes	Yes											300	160	8	0.5	0	0.0	135.0	17.7	2.3	3.4	1.9
Flat White - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	300	60	4	0	0	0.0	169.5	3.1	0.0	0.0	3.0
Flat White - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	300	90	5	0	0	0.0	169.5	8.7	0.0	5.7	3.0
<b>Cortado</b>																							
Cortado - made with Whole Milk	Yes	No				Yes							145	80	4	2.5	0	13.0	60.0	7.4	0.0	6.2	4.6
Cortado - made with 2% Milk	Yes	No				Yes							145	70	2.5	1.5	0	10.0	70.0	7.3	0.0	0.0	5.1
Cortado - made with Skim Milk	Yes	No				Yes							145	50	0.1	0	0	Less than 5mg	60.0	7.3	0.0	6.1	5.1

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Product Description	Dietary Choices		Allergens Present										Per portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Cortado - made with Oat Drink	Yes	Yes											145	80	4	0.5	0	0.0	65.3	8.5	1.0	1.6	1.0
Cortado - made with Almond Drink (unsweet)	Yes	Yes									Yes	Almond	145	30	2	0	0	0.0	80.0	1.7	0.0	0.0	1.5
Cortado - made with Almond Drink (sweet)	Yes	Yes									Yes	Almond	145	40	2.5	0	0	0.0	80.0	4.3	0.0	2.6	1.5
<b>Mocha</b>																							
Mocha - made with 2% Milk - Small	Yes	No	MC	Yes	MC	Yes					MC		277	160	5	3	0	15.0	130.0	21.5	1.2	7.6	9.0
Mocha - made with 2% Milk - Medium	Yes	No	MC	Yes	MC	Yes					MC		332	200	6	3.5	0	20.0	150.0	28.2	1.6	11.2	10.8
Mocha - made with 2% Milk - Large	Yes	No	MC	Yes	MC	Yes					MC		422	240	7	4	0	25.0	190.0	32.1	1.6	11.8	13.0
Mocha - made with Skim Milk - Small	Yes	No	MC	Yes	MC	Yes					MC		277	120	1	0.5	0	Less than 5mg	115.0	21.5	1.2	17.6	9.0
Mocha - made with Skim Milk - Medium	Yes	No	MC	Yes	MC	Yes					MC		332	150	1	0.5	0	Less than 5mg	135.0	28.2	1.6	22.7	10.8
Mocha - made with Skim Milk - Large	Yes	No	MC	Yes	MC	Yes					MC		422	180	1.5	0.5	0	5.0	170.0	32.1	1.6	25.8	13.0
Mocha - made with Whole Milk - Small	Yes	No	MC	Yes	MC	Yes					MC		277	180	8	4.5	0	20.0	110.0	21.6	1.2	17.7	8.2
Mocha - made with Whole Milk - Medium	Yes	No	MC	Yes	MC	Yes					MC		332	220	9	5	0	25.0	130.0	28.3	1.6	22.8	9.8
Mocha - made with Whole Milk - Large	Yes	No	MC	Yes	MC	Yes					MC		422	260	11	6	0	30.0	170.0	32.2	1.6	25.8	11.8
Mocha - made with Oat Drink - Small	Yes	Yes	MC	Yes	MC	MC					MC		277	160	7	1	0	0.0	120.0	23.5	2.9	10.1	2.4
Mocha - made with Oat Drink - Medium	Yes	Yes	MC	Yes	MC	MC					MC		332	200	8	1	0	0.0	140.0	30.4	3.5	14.1	3.1
Mocha - made with Oat Drink - Large	Yes	Yes	MC	Yes	MC	MC					MC		422	240	10	1.5	0	0.0	180.0	34.8	4.0	15.4	3.7
Mocha - made with Almond Drink (unsweet) - Small	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	277	90	4	0.5	0	0.0	140.0	12.4	1.2	7.6	3.2
Mocha - made with Almond Drink (unsweet) - Medium	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	332	120	4.5	0.5	0	0.0	170.0	17.7	1.6	11.2	4.1
Mocha - made with Almond Drink (unsweet) - Large	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	422	130	6	0.5	0	0.0	220.0	19.4	1.6	11.8	4.9
Mocha - made with Almond Drink (sweet) - Small	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	277	110	5	0.5	0	0.0	140.0	16.6	1.2	11.9	3.2
Mocha - made with Almond Drink (sweet) - Medium	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	332	150	6	0.5	0	0.0	170.0	22.6	1.6	16.1	4.1
Mocha - made with Almond Drink (sweet) - Large	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	422	170	7	0.5	0	0.0	220.0	25.3	1.6	17.8	4.9
<b>Hot Chocolate</b>																							
Hot Chocolate - made with 2% Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		285	320	12	7	0	50.0	130.0	42.2	1.3	27.8	8.9
Hot Chocolate - made with 2% Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		350	370	13	8	0	60.0	160.0	47.9	1.4	30.1	11.3
Hot Chocolate - made with 2% Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		408	420	15	8	0	60.0	190.0	56.5	1.9	35.4	13.5
Hot Chocolate - made with 2% Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		440	440	15	9	0	65.0	200.1	59.6	2.0	36.8	14.7

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Hot Chocolate - made with 2% Milk - Large - Drink In	Yes	No	MC	Yes	MC	Yes					MC		516	490	17	10	0	70.0	240.0	64.4	2.1	37.8	17.4
Hot Chocolate - made with 2% Milk - Large - Take Away	Yes	No	MC	Yes	MC	Yes					MC		550	510	17	10	0	75.0	260.0	67.5	2.2	39.1	18.7
Hot Chocolate - made with Skim Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		285	280	8	4	0	40.0	110.0	42.2	1.3	38.6	8.9
Hot Chocolate - made with Skim Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		350	310	8	4	0	40.0	140.0	47.9	1.4	43.9	11.3
Hot Chocolate - made with Skim Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		408	250	8	4	0	40.0	160.0	56.5	1.9	51.7	13.5
Hot Chocolate - made with Skim Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		440	370	8	4.5	0	40.0	170.0	59.6	2.0	54.6	14.7
Hot Chocolate - made with Skim Milk - Large - Drink In	Yes	No	MC	Yes	MC	Yes					MC		516	400	8	4.5	0	45.0	200.0	64.4	2.1	59.2	17.4
Hot Chocolate - made with Skim Milk - Large - Take Away	Yes	No	MC	Yes	MC	Yes					MC		550	410	9	4.5	0	45.0	220.0	67.5	2.2	62.1	18.7
Hot Chocolate - made with Whole Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		285	340	15	8	0	55.0	110.0	42.3	1.3	38.6	8.1
Hot Chocolate - made with Whole Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		350	390	17	9	0	65.0	140.0	48.0	1.4	43.9	10.2
Hot Chocolate - made with Whole Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		408	450	19	10	0	70.0	160.0	56.6	1.9	51.8	12.2
Hot Chocolate - made with Whole Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		440	470	20	11	0	70.0	170.0	59.7	2.0	54.7	13.2
Hot Chocolate - made with Whole Milk - Large - Drink In	Yes	No	MC	Yes	MC	Yes					MC		516	520	23	12	0	80.0	200.0	64.5	2.1	59.3	15.7
Hot Chocolate - made with Whole Milk - Large - Take Away	Yes	No	MC	Yes	MC	Yes					MC		550	550	24	13	0	85.0	220.0	67.6	2.2	62.2	16.8
Hot Chocolate - made with Oat Drink - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					MC		285	330	14	4.5	0	35.0	120.0	44.3	3.1	30.6	1.8
Hot Chocolate - made with Oat Drink - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					MC		350	370	16	4.5	0	35.0	140.0	50.5	3.8	33.6	2.1
Hot Chocolate - made with Oat Drink - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					MC		408	420	18	5	0	35.0	170.0	59.6	4.7	39.6	2.6
Hot Chocolate - made with Oat Drink - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					MC		440	450	19	5	0	35.0	180.0	63.0	5.0	41.4	2.8
Hot Chocolate - made with Oat Drink - Large - Drink In	Yes	Yes	MC	Yes	MC	MC					MC		516	490	21	5	0	35.0	220.0	68.4	5.7	43.2	3.2
Hot Chocolate - made with Oat Drink - Large - Take Away	Yes	Yes	MC	Yes	MC	MC					MC		550	520	21	5	0	35.0	230.3	71.8	6.1	45.0	3.4
Hot Chocolate - made with Almond Drink (unsweet) - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	285	240	11	4	0	35.0	140.0	32.4	1.3	27.8	2.7
Hot Chocolate - made with Almond Drink (unsweet) - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	350	270	12	4	0	35.0	180.0	35.3	1.4	30.1	3.3
Hot Chocolate - made with Almond Drink (unsweet) - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	408	300	13	4	0	35.0	210.0	41.6	1.9	35.4	4.0
Hot Chocolate - made with Almond Drink (unsweet) - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	440	310	14	4	0	35.0	230.0	43.4	2.0	36.8	4.3
Hot Chocolate - made with Almond Drink (unsweet) - Large - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	516	330	15	4	0	35.0	270.3	44.8	2.1	37.8	5.0
Hot Chocolate - made with Almond Drink (unsweet) - Large - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	550	340	15	4	0	35.0	290.0	46.4	2.2	39.1	5.3
Hot Chocolate - made with Almond Drink (sweet) - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	285	270	12	4	0	35.0	140.0	36.9	1.3	32.4	2.7

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Product Description	Dietary Choices		Allergens Present										Per portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Hot Chocolate - made with Almond Drink (sweet) - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	350	300	13	4	0	35.0	180.0	41.1	1.4	35.9	3.3
Hot Chocolate - made with Almond Drink (sweet) - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	408	340	13	4	0	35.0	210.0	48.6	1.9	42.3	4.0
Hot Chocolate - made with Almond Drink (sweet) - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	440	360	15	4	0	35.0	230.0	51.0	2.0	44.4	4.3
Hot Chocolate - made with Almond Drink (sweet) - Large - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	516	380	17	4	0	35.0	270.3	53.9	2.1	46.9	5.0
Hot Chocolate - made with Almond Drink (sweet) - Large - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	550	390	17	4	0	35.0	290.0	56.2	2.2	48.9	5.3
<b>Butterfly Blue Lavender Latte</b>																							
Butterfly Blue Lavender Latte - made with 2% Milk - Small	Yes	No				Yes					MC		328.17	230	6	4	0	25.0	150.0	31.7	0.0	16.3	11.0
Butterfly Blue Lavender Latte - made with 2% Milk - Medium	Yes	No				Yes					MC		391.56	280	6	4	0	30.0	180.0	39.8	0.0	21.7	12.9
Butterfly Blue Lavender Latte - made with 2% Milk - Large	Yes	No				Yes					MC		454.95	320	7	5	0	30.0	200.0	47.9	0.0	27.1	14.7
Butterfly Blue Lavender Latte - made with Skim Milk - Small	Yes	No				Yes					MC		328.17	160	0	0	0	5.0	130.0	31.7	0.0	31.0	11.0
Butterfly Blue Lavender Latte - made with Skim Milk - Medium	Yes	No				Yes					MC		391.56	200	0	0	0	5.0	150.0	39.8	0.0	38.8	12.9
Butterfly Blue Lavender Latte - made with Skim Milk - Large	Yes	No				Yes					MC		454.95	240	0	0	0	10.0	170.0	47.9	0.0	46.7	14.7
Butterfly Blue Lavender Latte - made with Whole Milk - Small	Yes	No				Yes					MC		328.17	250	10	6	0	30.0	130.0	31.8	0.0	31.0	9.8
Butterfly Blue Lavender Latte - made with Whole Milk - Medium	Yes	No				Yes					MC		391.56	300	12	7	0	35.0	150.0	39.9	0.0	38.9	11.5
Butterfly Blue Lavender Latte - made with Whole Milk - Large	Yes	No				Yes					MC		454.95	360	13	7	0	40.0	170.0	48.0	0.0	46.8	13.1
Butterfly Blue Lavender Latte - made with Oat Drink - Small	Yes	Yes									MC		328.17	230	9	0.5	0	0.0	140.0	34.5	2.5	20.0	1.3
Butterfly Blue Lavender Latte - made with Oat Drink - Medium	Yes	Yes									MC		391.56	280	10	0.5	0	0.0	160.4	43.1	2.9	26.1	1.5
Butterfly Blue Lavender Latte - made with Oat Drink - Large	Yes	Yes									MC		454.95	330	12	0.5	0	0.0	180.0	51.7	3.3	32.1	1.7
Butterfly Blue Lavender Latte - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	328.17	120	4.5	0	0	0.0	180.0	18.2	0.0	16.3	2.5
Butterfly Blue Lavender Latte - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	391.56	150	5	0	0	0.0	200.0	24.1	0.0	21.7	2.9
Butterfly Blue Lavender Latte - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	454.95	180	6	0	0	0.0	230.0	30.0	0.0	27.1	3.3
Butterfly Blue Lavender Latte - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	328.17	150	6	0	0	0.0	180.0	24.5	0.0	22.5	2.5
Butterfly Blue Lavender Latte - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	391.56	190	7	0	0	0.0	200.0	31.4	0.0	29.0	2.9
Butterfly Blue Lavender Latte - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	454.95	230	8	0	0	0.0	230.0	38.3	0.0	35.4	3.3
<b>Iced Espresso</b>																							
Iced Espresso - Single	Yes	Yes									MC		102.39	30	0	0	0	0.0	10.0	6.5	0.0	5.6	0.4
Iced Espresso - Double	Yes	Yes									MC		139.78	60	0	0	0	0.0	25.0	12.9	0.0	11.2	less than 1g

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
<b>Iced Latte</b>																								
Iced Latte - made with 2% Milk - Small - Drink In	Yes	No				Yes						MC		302.39	130	3.5	2	0	15.0	110.0	16.0	0.0	5.6	7.2
Iced Latte - made with 2% Milk - Small - Takeaway	Yes	No				Yes						MC		367.39	130	3.5	2	0	15.0	110.0	16.0	0.0	5.6	7.2
Iced Latte - made with 2% Milk - Medium - Drink In	Yes	No				Yes						MC		384.78	180	4.5	3	0	20.0	140.0	24.2	0.0	11.2	9.2
Iced Latte - made with 2% Milk - Medium - Takeaway	Yes	No				Yes						MC		479.78	180	4.5	3	0	20.0	140.0	24.2	0.0	11.2	9.2
Iced Latte - made with 2% Milk - Large - Takeaway	Yes	No				Yes						MC		557.17	240	5	3.5	0	25.0	170.0	33.5	0.0	16.7	11.7
Iced Latte - made with Skim Milk - Small - Drink In	Yes	No				Yes						MC		302.39	90	0	0	0	Less than 5mg	100.0	16.0	0.0	14.2	7.2
Iced Latte - made with Skim Milk - Small - Takeaway	Yes	No				Yes						MC		367.39	90	0	0	0	Less than 5mg	100.0	16.0	0.0	14.2	7.2
Iced Latte - made with Skim Milk - Medium - Drink In	Yes	No				Yes						MC		384.78	130	0	0	0	Less than 5mg	120.0	24.2	0.0	22.4	9.2
Iced Latte - made with Skim Milk - Medium - Takeaway	Yes	No				Yes						MC		479.78	130	0	0	0	Less than 5mg	120.0	24.2	0.0	22.4	9.2
Iced Latte - made with Skim Milk - Large - Takeaway	Yes	No				Yes						MC		557.17	180	0	0	0	5.0	150.0	33.5	0.0	30.7	11.7
Iced Latte - made with Whole Milk - Small - Drink In	Yes	No				Yes						MC		302.39	140	6	3.5	0	20.0	100.0	16.0	0.0	14.2	6.5
Iced Latte - made with Whole Milk - Small - Takeaway	Yes	No				Yes						MC		367.39	140	6	3.5	0	20.0	100.0	16.0	0.0	14.2	6.5
Iced Latte - made with Whole Milk - Medium - Drink In	Yes	No				Yes						MC		384.78	200	8	4.5	0	25.0	125.0	24.3	0.0	22.5	8.3
Iced Latte - made with Whole Milk - Medium - Takeaway	Yes	No				Yes						MC		479.78	200	8	4.5	0	25.0	125.0	24.3	0.0	22.5	8.3
Iced Latte - made with Whole Milk - Large - Takeaway	Yes	No				Yes						MC		557.17	260	10	5	0	30.0	160.0	33.6	0.0	30.7	10.5
Iced Latte - made with Oat Drink - Small - Drink In	Yes	Yes										MC		302.39	130	5	0.5	0	0.0	105.0	17.6	1.5	7.8	1.5
Iced Latte - made with Oat Drink - Small - Takeaway	Yes	Yes										MC		367.39	140	6	3.5	0	20.0	100.0	16.0	0.0	14.2	6.5
Iced Latte - made with Oat Drink - Medium - Drink In	Yes	Yes										MC		384.78	200	8	4.5	0	25.0	125.0	24.3	0.0	22.5	8.3
Iced Latte - made with Oat Drink - Medium - Takeaway	Yes	Yes										MC		479.78	200	8	4.5	0	25.0	125.0	24.3	0.0	22.5	8.3
Iced Latte - made with Oat Drink - Large - Takeaway	Yes	Yes										MC		557.17	260	10	5	0	30.0	160.0	33.6	0.0	30.7	10.5
Iced Latte - made with Almond Drink (unsweet) - Small - Drink In	Yes	Yes										Yes	Almond	302.39	60	3	0	0	0.0	130.0	8.1	0.0	5.6	2.2
Iced Latte - made with Almond Drink (unsweet) - Small - Takeaway	Yes	Yes										Yes	Almond	367.39	60	3	0	0	0.0	130.0	8.1	0.0	5.6	2.2
Iced Latte - made with Almond Drink (unsweet) - Medium - Drink In	Yes	Yes										Yes	Almond	384.78	100	3.5	0	0	0.0	160.0	13.9	0.0	11.2	2.7
Iced Latte - made with Almond Drink (unsweet) - Medium - Takeaway	Yes	Yes										Yes	Almond	479.78	100	3.5	0	0	0.0	160.0	13.9	0.0	11.2	2.7
Iced Latte - made with Almond Drink (unsweet) - Large - Takeaway	Yes	Yes										Yes	Almond	557.17	130	4.5	0	0	0.0	200.0	20.8	0.0	16.7	3.6
Iced Latte - made with Almond Drink (sweet) - Small - Drink In	Yes	Yes										Yes	Almond	302.39	90	3.5	0	0	0.0	130.0	11.8	0.0	9.3	2.2

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Latte - made with Almond Drink (sweet) - Small - Takeaway	Yes	Yes									Yes	Almond	367.39	90	3.5	0	0	0.0	130.0	11.8	0.0	9.3	2.2
Iced Latte - made with Almond Drink (sweet) - Medium - Drink In	Yes	Yes									Yes	Almond	384.78	130	4.5	0	0	0.0	160.0	18.7	0.0	15.9	2.7
Iced Latte - made with Almond Drink (sweet) - Medium - Takeaway	Yes	Yes									Yes	Almond	479.78	130	4.5	0	0	0.0	160.0	18.7	0.0	15.9	2.7
Iced Latte - made with Almond Drink (sweet) - Large - Takeaway	Yes	Yes									Yes	Almond	557.17	170	5	0	0	0.0	160.0	26.7	0.0	22.7	3.6
<b>Iced Cappuccino</b>																							
Iced Cappuccino - made with 2% Milk - Small	Yes	No		MC		Yes					MC		249.39	80	1.5	1	0	Less than 5mg	60.0	12.2	less than 1g	7.0	4.0
Iced Cappuccino - made with 2% Milk - Medium	Yes	No		MC		Yes					MC		356.78	120	2	1	0	5.0	90.0	20.6	less than 1g	13.4	5.7
Iced Cappuccino - made with 2% Milk - Large	Yes	No		MC		Yes					MC		504.17	160	2.5	1.5	0	10.0	109.6	27.5	less than 1g	18.8	6.6
Iced Cappuccino - made with Skim Milk - Small	Yes	No		MC		Yes					MC		249.39	70	0.5	0.5	0	0.0	60.0	12.2	less than 1g	9.4	4.0
Iced Cappuccino - made with Skim Milk - Medium	Yes	No		MC		Yes					MC		356.78	110	0.5	0.5	0	Less than 5mg	80.0	20.6	less than 1g	16.8	5.7
Iced Cappuccino - made with Skim Milk - Large	Yes	No		MC		Yes					MC		504.17	140	0.5	0.5	0	Less than 5mg	100.0	27.5	less than 1g	23.0	6.6
Iced Cappuccino - made with Whole Milk - Small	Yes	No		MC		Yes					MC		249.39	80	2	1	0	5.0	60.0	12.2	less than 1g	9.5	3.8
Iced Cappuccino - made with Whole Milk - Medium	Yes	No		MC		Yes					MC		356.78	130	3	1.5	0	10.0	80.0	20.7	less than 1g	16.8	5.5
Iced Cappuccino - made with Whole Milk - Large	Yes	No		MC		Yes					MC		504.17	160	3.5	2	0	10.0	105.0	27.6	less than 1g	23.0	6.2
Iced Cappuccino - made with Oat Drink Milk - Small	Yes	Yes		MC		MC					MC		249.39	100	3.5	0.5	0	0.0	70.2	14.2	1.5	6.9	1.5
Iced Cappuccino - made with Oat Drink - Medium	Yes	Yes		MC		MC					MC		356.78	150	5	0.5	0	0.0	100.0	23.8	1.9	13.1	2.2
Iced Cappuccino - made with Oat Drink - Large	Yes	Yes		MC		MC					MC		504.17	190	5	1	0	0.0	120.0	30.7	2.0	18.8	2.6
Iced Cappuccino - made with Almond Drink (unsweet) - Small	Yes	Yes		MC		MC					Yes	Almond	249.39	60	2	0.5	0	0.0	85.0	8.8	less than 1g	5.6	2.0
Iced Cappuccino - made with Almond Drink (unsweet) - Medium	Yes	Yes		MC		MC					Yes	Almond	356.78	100	3	0.5	0	0.0	119.9	15.7	less than 1g	11.2	2.8
Iced Cappuccino - made with Almond Drink (unsweet) - Large	Yes	Yes		MC		MC					Yes	Almond	504.17	130	3	0.5	0	0.0	140.0	22.0	less than 1g	16.8	3.2
Iced Cappuccino - made with Almond Drink (sweet) - Small	Yes	Yes		MC		MC					Yes	Almond	249.39	70	2.5	0.5	0	0.0	85.0	10.9	less than 1g	7.7	2.0
Iced Cappuccino - made with Almond Drink (sweet) - Medium	Yes	Yes		MC		MC					Yes	Almond	356.78	110	3.5	0.5	0	0.0	119.9	18.8	less than 1g	14.3	2.8
Iced Cappuccino - made with Almond Drink (sweet) - Large	Yes	Yes		MC		MC					Yes	Almond	504.17	150	3.5	0.5	0	0.0	140.0	25.3	less than 1g	20.1	3.2
<b>Iced Mocha</b>																							
Iced Mocha - made with 2% Milk - Small	Yes	No		MC		Yes							330	190	3	2	0	10.0	130.0	33.0	2.0	21.1	6.4
Iced Mocha - made with 2% Milk - Medium	Yes	No		MC		Yes							453	270	4	2	0	10.0	180.0	48.5	3.0	31.6	8.8
Iced Mocha - made with 2% Milk - Large	Yes	No		MC		Yes							560	400	7	3.5	0	20.0	270.0	67.7	4.0	42.1	14.0

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Mocha - made with Skim Milk - Small	Yes	No		MC		Yes							330	160	0.5	0	0	Less than 5mg	120.0	33.0	2.0	27.2	6.4
Iced Mocha - made with Skim Milk - Medium	Yes	No		MC		Yes							453	240	4	0	0	Less than 5mg	160.0	48.5	3.0	39.7	8.8
Iced Mocha - made with Skim Milk - Large	Yes	No		MC		Yes							560	340	4	0	0	5.0	250.1	67.7	4.0	56.1	14.0
Iced Mocha - made with Whole Milk - Small	Yes	No		MC		Yes							330	200	4.5	2.5	0	10.0	120.0	33.0	2.0	27.2	5.9
Iced Mocha - made with Whole Milk - Medium	Yes	No		MC		Yes							453	290	6	3	0	20.0	160.0	48.6	3.0	39.7	8.1
Iced Mocha - made with Whole Milk - Large	Yes	No		MC		Yes							560	420	11	5	0	30.0	250.0	67.7	4.0	56.1	12.9
Iced Mocha - made with Oat Drink - Small	Yes	Yes		MC		MC							330	190	4.5	0.5	0	0.0	120.0	34.2	3.0	22.6	2.3
Iced Mocha - made with Oat Drink - Medium	Yes	Yes		MC		MC							453	270	6	0.5	0	0.0	170.0	50.1	4.4	33.6	3.4
Iced Mocha - made with Oat Drink - Large	Yes	Yes		MC		MC							560	400	10	0.5	0	0.0	260.0	70.3	6.4	45.7	4.8
Iced Mocha - made with Almond Drink (unsweet) - Small	Yes	Yes		MC		MC				Yes	Almond		330	140	2.5	0	0	0.0	140.0	27.4	2.0	21.1	2.8
Iced Mocha - made with Almond Drink (unsweet) - Medium	Yes	Yes		MC		MC				Yes	Almond		453	210	3.5	0	0	0.0	190.0	41.1	3.0	31.6	4.1
Iced Mocha - made with Almond Drink (unsweet) - Large	Yes	Yes		MC		MC				Yes	Almond		560	290	5	0	0	0.0	290.0	54.9	4.0	42.1	5.9
Iced Mocha - made with Almond Drink (sweet) - Small	Yes	Yes		MC		MC				Yes	Almond		330	160	3	0	0	0.0	135.0	30.0	2.0	23.7	2.8
Iced Mocha - made with Almond Drink (sweet) - Medium	Yes	Yes		MC		MC				Yes	Almond		453	230	4	0	0	0.0	190.0	44.6	3.0	35.0	4.1
Iced Mocha - made with Almond Drink (sweet) - Large	Yes	Yes		MC		MC				Yes	Almond		560	330	7	0	0	0.0	290.0	60.8	4.0	48.1	5.9
<b>Iced Americano</b>																							
Iced Americano - Small - Drink In	Yes	Yes									MC		297.39	35	0	0	0	0.0	25.0	7.4	0.0	5.6	less than 1g
Iced Americano - Small - Take Away	Yes	Yes									MC		362.39	35	0	0	0	0.0	25.0	7.4	0.0	5.6	less than 1g
Iced Americano - Medium - Drink In	Yes	Yes									MC		399.78	60	0	0	0	0.0	30.0	14.0	0.0	11.2	1.2
Iced Americano - Medium - Take Away	Yes	Yes									MC		494.78	60	0	0	0	0.0	30.0	14.0	0.0	11.2	1.2
Iced Americano - Large - Drink In	Yes	Yes									MC		502.17	100	0	0	0	0.0	50.0	21.1	0.0	16.8	1.8
Iced Americano - Large - Take Away	Yes	Yes									MC		597.17	100	0	0	0	0.0	50.0	21.1	0.0	16.8	1.8
Iced Americano - made with 2% Milk - Small - Drink In	Yes	No				Yes					MC		297.39	40	0	0	0	0.0	30.0	7.7	0.0	5.6	1.0
Iced Americano - made with 2% Milk - Small - Take Away	Yes	No				Yes					MC		362.39	40	0	0	0	0.0	30.0	7.7	0.0	5.6	1.0
Iced Americano - made with 2% Milk - Medium - Drink In	Yes	No				Yes					MC		399.78	70	0	0	0	0.0	35.1	14.3	0.0	11.2	1.4
Iced Americano - made with 2% Milk - Medium - Take Away	Yes	No				Yes					MC		494.78	70	0	0	0	0.0	35.1	14.3	0.0	11.2	1.4
Iced Americano - made with 2% Milk - Large - Drink In	Yes	No				Yes					MC		508.17	100	0	0	0	0.0	50.0	21.4	0.0	16.8	2.0

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Product Description	Dietary Choices		Allergens Present										Per portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Americano - made with 2% Milk - Large - Take Away	Yes	No				Yes						MC	603.17	100	0	0	0	0.0	50.0	21.4	0.0	16.8	2.0
Iced Americano - made with Skim Milk - Small - Drink In	Yes	No				Yes						MC	297.39	40	0	0	0	0.0	30.0	7.7	0.0	5.9	1.0
Iced Americano - made with Skim Milk - Small - Take Away	Yes	No				Yes						MC	362.39	40	0	0	0	0.0	30.0	7.7	0.0	5.9	1.0
Iced Americano - made with Skim Milk - Medium - Drink In	Yes	No				Yes						MC	399.78	70	0	0	0	0.0	34.6	14.3	0.0	11.5	1.4
Iced Americano - made with Skim Milk - Medium - Take Away	Yes	No				Yes						MC	494.78	70	0	0	0	0.0	34.6	14.3	0.0	11.5	1.4
Iced Americano - made with Skim Milk - Large - Drink In	Yes	No				Yes						MC	508.17	100	0	0	0	0.0	50.0	21.4	0.0	17.0	2.0
Iced Americano - made with Skim Milk - Large - Take Away	Yes	No				Yes						MC	603.17	100	0	0	0	0.0	50.0	21.4	0.0	17.0	2.0
Iced Americano - made with Whole Milk - Small - Drink In	Yes	No				Yes						MC	297.39	40	0	0	0	0.0	30.0	7.7	0.0	5.9	1.0
Iced Americano - made with Whole Milk - Small - Take Away	Yes	No				Yes						MC	362.39	40	0	0	0	0.0	30.0	7.7	0.0	5.9	1.0
Iced Americano - made with Whole Milk - Medium - Drink In	Yes	No				Yes						MC	399.78	70	0	0	0	0.0	34.6	14.3	0.0	11.5	1.4
Iced Americano - made with Whole Milk - Medium - Take Away	Yes	No				Yes						MC	494.78	70	0	0	0	0.0	34.6	14.3	0.0	11.5	1.4
Iced Americano - made with Whole Milk - Large - Drink In	Yes	No				Yes						MC	508.17	100	0	0	0	0.0	50.0	21.4	0.0	17.0	2.0
Iced Americano - made with Whole Milk - Large - Take Away	Yes	No				Yes						MC	603.17	100	0	0	0	0.0	50.0	21.4	0.0	17.0	2.0
Iced Americano - made with Oat Drink - Small - Drink In	Yes	Yes										MC	297.39	40	0	0	0	0.0	30.0	7.8	0.1	5.7	less than 1g
Iced Americano - made with Oat Drink - Small - Take Away	Yes	Yes										MC	362.39	40	0	0	0	0.0	30.0	7.8	0.1	5.7	less than 1g
Iced Americano - made with Oat Drink - Medium - Drink In	Yes	Yes										MC	399.78	70	0	0	0	0.0	34.8	14.4	0.1	11.2	1.2
Iced Americano - made with Oat Drink - Medium - Take Away	Yes	Yes										MC	494.78	70	0	0	0	0.0	34.8	14.4	0.1	11.2	1.2
Iced Americano - made with Oat Drink - Large - Drink In	Yes	Yes										MC	508.17	100	0	0	0	0.0	50.0	21.4	0.1	16.8	1.8
Iced Americano - made with Oat Drink - Large - Take Away	Yes	Yes										MC	603.17	100	0	0	0	0.0	50.0	21.4	0.1	16.8	1.8
Iced Americano - made with Almond Drink (unsweet) - Small - Drink In	Yes	Yes									Yes	Almond	297.39	40	0	0	0	0.0	30.0	7.4	0.0	5.6	less than 1g
Iced Americano - made with Almond Drink (unsweet) - Small - Take Away	Yes	Yes									Yes	Almond	362.39	40	0	0	0	0.0	30.0	7.4	0.0	5.6	less than 1g
Iced Americano - made with Almond Drink (unsweet) - Medium - Drink In	Yes	Yes									Yes	Almond	399.78	70	0	0	0	0.0	40.0	14.1	0.0	11.2	1.3
Iced Americano - made with Almond Drink (unsweet) - Medium - Take Away	Yes	Yes									Yes	Almond	494.78	70	0	0	0	0.0	40.0	14.1	0.0	11.2	1.3
Iced Americano - made with Almond Drink (unsweet) - Large - Drink In	Yes	Yes									Yes	Almond	508.17	100	0	0	0	0.0	50.0	21.1	0.0	16.8	1.9
Iced Americano - made with Almond Drink (unsweet) - Large - Take Away	Yes	Yes									Yes	Almond	603.17	100	0	0	0	0.0	50.0	21.1	0.0	16.8	1.9
Iced Americano - made with Almond Drink (sweet) - Small - Drink In	Yes	Yes									Yes	Almond	297.39	40	0	0	0	0.0	30.0	7.6	0.0	5.7	less than 1g
Iced Americano - made with Almond Drink (sweet) - Small - Take Away	Yes	Yes									Yes	Almond	362.39	40	0	0	0	0.0	30.0	7.6	0.0	5.7	less than 1g

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Americano - made with Almond Drink (sweet) - Medium - Drink In	Yes	Yes									Yes	Almond	399.78	70	0	0	0	0.0	40.0	14.2	0.0	11.3	1.3
Iced Americano - made with Almond Drink (sweet) - Medium - Take Away	Yes	Yes									Yes	Almond	494.78	70	0	0	0	0.0	40.0	14.2	0.0	11.3	1.3
Iced Americano - made with Almond Drink (sweet) - Large - Drink In	Yes	Yes									Yes	Almond	508.17	100	0	0	0	0.0	50.0	21.2	0.0	16.9	1.9
Iced Americano - made with Almond Drink (sweet) - Large - Take Away	Yes	Yes									Yes	Almond	603.17	100	0	0	0	0.0	50.0	21.2	0.0	16.9	1.9
<b>Iced Cortado</b>																							
Iced Cortado - made with Whole Milk	Yes	No				Yes					MC		192.39	80	3	1.5	0	10.0	44.6	10.9	0.0	9.7	3.3
Iced Cortado - made with 2% Milk	Yes	No				Yes					MC		192.39	80	1.5	1	0	5.0	50.0	10.9	0.0	5.6	3.6
Iced Cortado - made with Skim Milk	Yes	No				Yes					MC		192.39	60	0	0	0	0.0	45.0	10.9	0.0	9.7	3.6
Iced Cortado - made with Oat Drink	Yes	No									MC		192.39	80	2.5	0	0	0.0	45.0	11.7	less than 1g	6.6	less than 1g
Iced Cortado - made with Almond Drink (unsweet)	Yes	No									Yes	Almond	192.39	50	1.5	0	0	0.0	60.0	7.1	0.0	5.6	1.2
Iced Cortado - made with Almond Drink (sweet)	Yes	No									Yes	Almond	192.39	60	1.5	0	0	0.0	60.0	8.9	0.0	7.3	1.2
<b>Iced Flat White</b>																							
Iced Flat White - made with Whole Milk	Yes	No				Yes					MC		267.39	110	4	2.5	0	10.0	70.0	13.9	0.0	12.0	5.1
Iced Flat White - made with 2% Milk	Yes	No				Yes					MC		267.39	100	2.5	1.5	0	10.0	80.0	13.9	0.0	6.1	5.5
Iced Flat White - made with Skim Milk	Yes	No				Yes					MC		267.39	80	0	0	0	Less than 5mg	70.0	13.9	0.0	12.0	5.5
Iced Flat White - made with Oat Drink	Yes	Yes				Yes					MC		267.39	100	3.5	0.5	0	0.0	70.0	15.0	1.0	7.6	1.6
Iced Flat White - made with Almond Drink (unsweet)	Yes	Yes				Yes					Yes	Almond	267.39	60	2	0	0	0.0	90.0	8.5	0.0	6.1	2.1
Iced Flat White - made with Almond Drink (sweet)	Yes	Yes				Yes					Yes	Almond	267.39	110	4	2.5	0	10.0	70.0	13.9	0.0	12.0	5.1
<b>Iced Chocolate</b>																							
Iced Chocolate - made with 2% Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		294	160	4	3	0	15.0	100.0	22.4	less than 1g	10.9	7.9
Iced Chocolate - made with 2% Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		309	160	4.5	3	0	15.0	110.0	22.9	less than 1g	10.9	8.3
Iced Chocolate - made with 2% Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		366	200	5	3.5	0	20.0	119.9	30.4	1.3	16.4	9.5
Iced Chocolate - made with 2% Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		406	220	6	3.5	0	20.0	140.0	32.1	1.3	16.4	10.8
Iced Chocolate - made with Skim Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		294	120	0.5	0.5	0	Less than 5mg	90.0	22.4	less than 1g	20.7	7.9
Iced Chocolate - made with Skim Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		309	120	0.5	0.5	0	Less than 5mg	90.0	22.9	less than 1g	21.2	8.3
Iced Chocolate - made with Skim Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		366	150	1	0.5	0	Less than 5mg	100.0	30.4	1.3	27.9	9.5
Iced Chocolate - made with Skim Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		406	170	1	0.5	0	5.0	115.0	32.1	1.3	29.6	10.8

2,000 calories a day is used for general nutrition advice, but calorie needs vary  
Additional nutrition information available upon request



Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Iced Chocolate - made with Whole Milk - Small - Drink In	Yes	No	MC	Yes	MC	Yes					MC		294	180	7	4	0	20.0	90.0	22.4	less than 1g	20.8	7.1
Iced Chocolate - made with Whole Milk - Small - Take Away	Yes	No	MC	Yes	MC	Yes					MC		309	180	7	4	0	20.0	90.4	22.9	less than 1g	21.3	7.5
Iced Chocolate - made with Whole Milk - Medium - Drink In	Yes	No	MC	Yes	MC	Yes					MC		366	220	9	5	0	20.0	100.0	30.5	1.3	27.9	8.5
Iced Chocolate - made with Whole Milk - Medium - Take Away	Yes	No	MC	Yes	MC	Yes					MC		406	240	10	6	0	30.0	120.0	32.2	1.3	29.7	9.7
Iced Chocolate - made with Oat Drink - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					MC		294	160	7	0.8	0	0.0	90.0	24.3	2.5	13.4	1.4
Iced Chocolate - made with Oat Drink - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					MC		309	170	7	0.8	0	0.0	100.0	24.9	2.6	13.6	1.4
Iced Chocolate - made with Oat Drink - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					MC		366	210	8	1	0	0.0	110.0	32.6	3.2	19.3	1.8
Iced Chocolate - made with Oat Drink - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					MC		406	220	9	1.1	0	0.0	125.0	34.7	3.5	19.8	2.0
Iced Chocolate - made with Almond Drink (unsweet) - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	294	90	3.5	0.5	0	0.0	120.0	13.4	less than 1g	10.9	2.2
Iced Chocolate - made with Almond Drink (unsweet) - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	309	90	3.5	0.5	0	0.0	125.0	13.5	less than 1g	10.9	2.3
Iced Chocolate - made with Almond Drink (unsweet) - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	366	120	4.5	0.5	0	0.0	140.0	19.9	1.3	16.4	2.8
Iced Chocolate - made with Almond Drink (unsweet) - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	406	120	5	0.5	0	0.0	160.0	20.0	1.3	16.4	3.1
Iced Chocolate - made with Almond Drink (sweet) - Small - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	294	110	4.5	0.5	0	0.0	120.0	17.6	less than 1g	15.1	2.2
Iced Chocolate - made with Almond Drink (sweet) - Small - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	309	110	4.5	0.5	0	0.0	150.0	17.9	less than 1g	15.3	2.3
Iced Chocolate - made with Almond Drink (sweet) - Medium - Drink In	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	366	150	5	0.5	0	0.0	140.0	24.8	1.3	21.3	2.8
Iced Chocolate - made with Almond Drink (sweet) - Medium - Take Away	Yes	Yes	MC	Yes	MC	MC					Yes	Almond	406	160	6	0.5	0	0.0	160.0	25.7	1.3	22.0	3.1
<b>Cold Brew</b>																							
Cold Brew - Small	Yes	Yes											290	10	0	0	0	0.0	90.0	1.1	0.0	0.2	0.5
Cold Brew - Medium	Yes	Yes											375	10	0	0.5	0	0.0	120.0	1.5	0.0	0.3	less than 1g
Cold Brew - Large	Yes	Yes											455	10	0	0.5	0	0.0	140.0	1.8	0.0	0.4	less than 1g
Cold Brew - made with Milk Whip - Small	Yes	No				Yes							275	20	0	0	0	0.0	79.9	2.2	0.0	1.5	1.4
Cold Brew - made with Milk Whip - Medium	Yes	No				Yes							375	20	0	0	0	0.0	110.0	3.3	0.0	2.4	2.1
Cold Brew - made with Milk Whip - Large	Yes	No				Yes							470	30	0	0	0	0.0	140.2	4.4	0.0	3.3	2.8
Cold Brew - made with Oat Drink - Small	Yes	Yes											275	30	1.5	0.5	0	0.0	90.0	3.8	0.4	less than 1g	less than 1g
Cold Brew - made with Oat Drink - Medium	Yes	Yes											375	50	2.5	0.5	0	0.0	130.0	5.8	less than 1g	1.2	less than 1g
Cold Brew - made with Oat Drink - Large	Yes	Yes											470	70	3.5	0.5	0	0.0	160.0	7.8	less than 1g	1.7	1.0
Cold Brew - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	275	15	1	0	0	0.0	100.0	1.1	0.0	0.2	less than 1g

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 Additional nutrition information available upon request

Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
Cold Brew - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	375	20	1.5	0	0	0.0	140.0	1.5	0.0	0.2	1.1	
Cold Brew - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	470	30	2	0	0	0.0	180.0	1.9	0.0	0.3	1.5	
Cold Brew - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	275	20	1	0	0	0.0	100.0	2.1	0.0	1.2	less than 1g	
Cold Brew - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	375	30	1.5	0	0	0.0	140.0	3.1	0.0	1.9	1.1	
Cold Brew - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	470	40	2.5	0	0	0.0	180.0	4.2	0.0	2.6	1.5	
<b>Nitro Cold Brew</b>																								
Nitro Cold Brew - Small	Yes	Yes											290	10	0	0	0	0.0	90.0	1.1	0.0	0.2	0.5	
<b>Salted Caramel Toffee (without coffee) Frappe</b>																								
Salted Caramel Toffee (without coffee) Frappe - made with 2% Milk - Small	Yes	No		MC		Yes							324	430	14	8	0	60.0	450.0	66.2	0.0	54.0	7.7	
Salted Caramel Toffee (without coffee) Frappe - made with 2% Milk - Medium	Yes	No		MC		Yes							416	540	16	9	0	70.0	600.0	87.8	0.0	71.5	10.3	
Salted Caramel Toffee (without coffee) Frappe - made with 2% Milk - Large	Yes	No		MC		Yes							503	650	18	10	0	80.0	750.0	109.7	0.0	89.0	13.0	
<b>Coffee Frappe</b>																								
Coffee Frappe - made with 2% Milk - Small	Yes	No		MC		Yes							311	280	12	6	0	55.0	100.0	32.1	less than 1g	21.1	7.0	
Coffee Frappe - made with 2% Milk - Medium	Yes	No		MC		Yes							418	340	13	7	0	60.0	140.0	42.7	less than 1g	27.6	9.4	
Coffee Frappe - made with 2% Milk - Large	Yes	No		MC		Yes							510	400	14	8	0	60.0	180.0	53.6	less than 1g	34.2	12.0	
<b>Butterfly Blue Lavender Iced Latte</b>																								
Butterfly Blue Lavender Iced Latte - made with 2% Milk - Small	Yes	No				Yes					MC		290.78	110	2	1.5	0	10.0	60.0	17.2	0.0	10.8	4.4	
Butterfly Blue Lavender Iced Latte - made with 2% Milk - Medium	Yes	No				Yes					MC		454.17	150	3	2	0	10.0	80.0	24.6	0.0	16.3	5.7	
Butterfly Blue Lavender Iced Latte - made with 2% Milk - Large	Yes	No				Yes					MC		627.56	250	6	4	0	25.0	160.0	37.9	0.0	21.7	11.5	
Butterfly Blue Lavender Iced Latte - made with Skim Milk - Small	Yes	No				Yes					MC		290.78	80	0	0	0	Less than 5mg	50.0	17.2	0.0	16.7	4.4	
Butterfly Blue Lavender Iced Latte - made with Skim Milk - Medium	Yes	No				Yes					MC		454.17	120	0	0	0	Less than 5mg	70.0	24.6	0.0	23.9	5.7	
Butterfly Blue Lavender Iced Latte - made with Skim Milk - Large	Yes	No				Yes					MC		627.56	190	0	0	0	6.0	135.0	37.9	0.0	37.0	11.5	
Butterfly Blue Lavender Iced Latte - made with Whole Milk - Small	Yes	No				Yes					MC		290.78	120	4	2	0	10.0	50.0	17.2	0.0	16.7	3.9	
Butterfly Blue Lavender Iced Latte - made with Whole Milk - Medium	Yes	No				Yes					MC		454.17	160	5	3	0	15.0	70.0	24.6	0.0	23.9	5.1	
Butterfly Blue Lavender Iced Latte - made with Whole Milk - Large	Yes	No				Yes					MC		627.56	280	10	6	0	30.0	135.0	38.0	0.0	37.0	10.2	
Butterfly Blue Lavender Iced Latte - made with Oat Drink - Small	Yes	Yes									MC		290.78	110	3.5	0.5	0	0.0	55.0	18.3	1.0	12.3	less than 1g	
Butterfly Blue Lavender Iced Latte - made with Oat Drink - Medium	Yes	Yes									MC		454.17	150	4.5	0.5	0	0.0	70.0	26.0	1.3	18.2	less than 1g	

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Product Description	Dietary Choices		Allergens Present										Perflon weight (g)	Nutrition per portion										
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
																								MC
Butterfly Blue Lavender Iced Latte - made with Oat Drink - Large	Yes	Yes										MC	627.56	260	9	0.5	0	0.0	140.0	40.9	2.6	25.6	1.3	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (unsweet) - Small	Yes	Yes										Yes	Almond	290.78	60	2	0	0.0	70.0	11.8	0.0	10.8	1.0	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (unsweet) - Medium	Yes	Yes										Yes	Almond	454.17	90	2.5	0	0.0	90.4	17.6	0.0	16.3	1.3	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (unsweet) - Large	Yes	Yes										Yes	Almond	627.56	140	4.5	0	0.0	180.0	24.0	0.0	21.7	2.6	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (sweet) - Small	Yes	Yes										Yes	Almond	290.78	80	2.5	0	0.0	70.0	14.3	0.0	13.3	1.0	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (sweet) - Medium	Yes	Yes										Yes	Almond	454.17	110	3	0	0.0	90.4	20.9	0.0	19.5	1.3	
Butterfly Blue Lavender Iced Latte - made with Almond Drink (sweet) - Large	Yes	Yes										Yes	Almond	627.56	180	6	0	0.0	180.0	30.5	0.0	28.2	2.6	
<b>Mocha Frappe</b>																								
Mocha Frappe - made with 2% Milk - Small	Yes	No		MC		Yes								12 fl oz	420	12	7	0	55.0	160.0	70.0	4.0	53.0	9.0
Mocha Frappe - made with 2% Milk - Medium	Yes	No		MC		Yes								16 fl oz	540	13	8	0	60.0	220.0	93.0	5.0	71.0	12.0
Mocha Frappe - made with 2% Milk - Large	Yes	No		MC		Yes								20 fl oz	670	15	9	0	65.0	280.0	117.0	6.0	88.0	16.0
Mocha Frappe - made with Skim Milk - Small	Yes	No		MC		Yes								12 fl oz	390	9	4.5	0	45.0	150.0	70.0	4.0	62.0	8.0
Mocha Frappe - made with Skim Milk - Medium	Yes	No		MC		Yes								16 fl oz	500	9	5	0	45.0	210.0	93.0	5.0	82.0	11.0
Mocha Frappe - made with Skim Milk - Large	Yes	No		MC		Yes								20 fl oz	610	9	5	0	45.0	260.0	117.0	6.0	103.0	14.0
Mocha Frappe - made with Whole Milk - Small	Yes	No		MC		Yes								12 fl oz	450	15	8	0	60.0	150.0	70.0	4.0	62.0	8.0
Mocha Frappe - made with Whole Milk - Medium	Yes	No		MC		Yes								16 fl oz	570	17	9	0	65.0	210.0	93.0	5.0	82.0	11.0
Mocha Frappe - made with Whole Milk - Large	Yes	No		MC		Yes								20 fl oz	700	19	10	0	70.0	260.0	117.0	6.0	103.0	14.0
Mocha Frappe - made with Oat Drink - Small	Yes	No		MC		Yes								12 fl oz	420	14	5	0	40.0	150.0	71.0	5.0	56.0	3.0
Mocha Frappe - made with Oat Drink - Medium	Yes	No		MC		Yes								16 fl oz	540	16	5	0	40.0	210.0	95.0	7.0	74.0	5.0
Mocha Frappe - made with Oat Drink - Large	Yes	No		MC		Yes								20 fl oz	660	18	6	0	40.0	270.0	119.0	9.0	92.0	6.0
Mocha Frappe - made with Almond Drink (unsweet) - Small	Yes	No		MC		Yes						Yes	Almond	12 fl oz	360	11	4.5	0	40.0	170.0	62.0	4.0	53.0	4.0
Mocha Frappe - made with Almond Drink (unsweet) - Medium	Yes	No		MC		Yes						Yes	Almond	16 fl oz	470	13	5	0	40.0	240.0	83.0	5.0	71.0	6.0
Mocha Frappe - made with Almond Drink (unsweet) - Large	Yes	No		MC		Yes						Yes	Almond	20 fl oz	570	14	5	0	40.0	300.0	103.0	6.0	88.0	7.0
Mocha Frappe - made with Almond Drink (sweet) - Small	Yes	No		MC		Yes						Yes	Almond	12 fl oz	380	11	4.5	0	40.0	170.0	66.0	4.0	57.0	4.0
Mocha Frappe - made with Almond Drink (sweet) - Medium	Yes	No		MC		Yes						Yes	Almond	16 fl oz	480	12	5	0	40.0	240.0	88.0	5.0	76.0	6.0
Mocha Frappe - made with Almond Drink (sweet) - Large	Yes	No		MC		Yes						Yes	Almond	20 fl oz	590	14	5	0	40.0	300.0	110.0	7.0	94.0	7.0

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Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
<b>Gingerbread Cookie Latte</b>																							
Gingerbread Cookie Latte - made with 2% Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	430	17	8	0	65.0	240.0	55.0	0.0	31.0	13.0
Gingerbread Cookie Latte - made with 2% Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	520	19	10	0	75.0	310.0	68.0	0.0	37.0	18.0
Gingerbread Cookie Latte - made with 2% Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	600	21	11	0	85.0	380.0	80.0	0.0	43.0	23.0
Gingerbread Cookie Latte - made with Skim Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	370	11	4.5	0	45.0	210.0	55.0	0.0	46.0	12.0
Gingerbread Cookie Latte - made with Skim Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	440	11	4.5	0	50.0	280.0	68.0	0.0	58.0	16.0
Gingerbread Cookie Latte - made with Skim Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	500	11	4.5	0	50.0	340.0	80.0	0.0	70.0	20.0
Gingerbread Cookie Latte - made with Whole Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	460	21	10	0	70.0	210.0	55.0	0.0	46.0	12.0
Gingerbread Cookie Latte - made with Whole Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	560	25	12	0	85.0	280.0	68.0	0.0	58.0	16.0
Gingerbread Cookie Latte - made with Whole Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	660	29	14	0	95.0	340.0	80.0	0.0	70.0	20.0
Gingerbread Cookie Latte - made with Oat Drink - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	420	20	5	0	40.0	220.0	57.0	3.0	35.0	3.0
Gingerbread Cookie Latte - made with Oat Drink - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	510	23	5	0	40.0	290.0	71.0	4.0	42.0	4.0
Gingerbread Cookie Latte - made with Oat Drink - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	600	27	5	0	40.0	350.0	85.0	5.0	50.0	5.0
Gingerbread Cookie Latte - made with Almond Drink (unsweet) - Small	Yes	No	Yes	MC		Yes					Yes	Almond	12 fl oz	320	15	4.5	0	40.0	260.0	41.0	0.0	31.0	4.0
Gingerbread Cookie Latte - made with Almond Drink (unsweet) - Medium	Yes	No	Yes	MC		Yes					Yes	Almond	16 fl oz	360	16	4.5	0	40.0	340.0	48.0	0.0	37.0	6.0
Gingerbread Cookie Latte - made with Almond Drink (unsweet) - Large	Yes	No	Yes	MC		Yes					Yes	Almond	20 fl oz	410	18	4.5	0	40.0	420.0	54.0	0.0	43.0	7.0
Gingerbread Cookie Latte - made with Almond Drink (sweet) - Small	Yes	No	Yes	MC		Yes					Yes	Almond	12 fl oz	360	17	4.5	0	40.0	260.0	47.0	1.0	37.0	4.0
Gingerbread Cookie Latte - made with Almond Drink (sweet) - Medium	Yes	No	Yes	MC		Yes					Yes	Almond	16 fl oz	420	19	4.5	0	40.0	340.0	57.0	1.0	46.0	6.0
Gingerbread Cookie Latte - made with Almond Drink (sweet) - Large	Yes	No	Yes	MC		Yes					Yes	Almond	20 fl oz	490	21	4.5	0	40.0	420.0	67.0	2.0	54.0	7.0
<b>Gingerbread Cookie Iced Latte</b>																							
Gingerbread Cookie Iced Latte - made with 2% Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	400	16	7	0	60.0	220.0	53.0	0.0	31.0	11.0
Gingerbread Cookie Iced Latte - made with 2% Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	450	17	8	0	65.0	250.0	62.0	0.0	37.0	13.0
Gingerbread Cookie Iced Latte - made with 2% Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	540	19	10	0	75.0	320.0	74.0	0.0	43.0	18.0
Gingerbread Cookie Iced Latte - made with Skim Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	350	11	4.5	0	45.0	200.0	53.0	0.0	43.0	10.0
Gingerbread Cookie Iced Latte - made with Skim Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	400	11	4.5	0	45.0	220.0	62.0	0.0	52.0	12.0
Gingerbread Cookie Iced Latte - made with Skim Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	460	11	4.5	0	50.0	280.0	74.0	0.0	64.0	16.0
Gingerbread Cookie Iced Latte - made with Whole Milk - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	420	19	9	0	65.0	200.0	53.0	0.0	43.0	10.0

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Additional nutrition information available upon request

Product Description	Dietary Choices		Allergens Present										Portion weight (g)	Nutrition per portion									
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Gingerbread Cookie Iced Latte - made with Whole Milk - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	490	21	10	0	70.0	220.0	62.0	0.0	52.0	12.0
Gingerbread Cookie Iced Latte - made with Whole Milk - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	590	25	12	0	85.0	280.0	74.0	0.0	64.0	16.0
Gingerbread Cookie Iced Latte - made with Oat Drink - Small	Yes	No	Yes	MC		Yes					MC		12 fl oz	390	18	5	0	40.0	200.0	55.0	2.0	34.0	3.0
Gingerbread Cookie Iced Latte - made with Oat Drink - Medium	Yes	No	Yes	MC		Yes					MC		16 fl oz	450	20	5	0	40.0	230.0	64.0	3.0	41.0	3.0
Gingerbread Cookie Iced Latte - made with Oat Drink - Large	Yes	No	Yes	MC		Yes					MC		20 fl oz	540	23	5	0	40.0	290.0	78.0	4.0	48.0	4.0
Gingerbread Cookie Iced Latte - made with Almond Drink (unsweet) - Small	Yes	No	Yes	MC		Yes					Yes	Almond	12 fl oz	310	14	4.5	0	40.0	230.0	41.0	0.0	31.0	4.0
Gingerbread Cookie Iced Latte - made with Almond Drink (unsweet) - Medium	Yes	No	Yes	MC		Yes					Yes	Almond	16 fl oz	340	15	4.5	0	40.0	270.0	47.0	0.0	37.0	5.0
Gingerbread Cookie Iced Latte - made with Almond Drink (unsweet) - Large	Yes	No	Yes	MC		Yes					Yes	Almond	20 fl oz	380	16	4.5	0	40.0	350.0	54.0	0.0	43.0	6.0
Gingerbread Cookie Iced Latte - made with Almond Drink (sweet) - Small	Yes	No	Yes	MC		Yes					Yes	Almond	12 fl oz	350	16	4.5	0	40.0	230.0	47.0	1.0	36.0	4.0
Gingerbread Cookie Iced Latte - made with Almond Drink (sweet) - Medium	Yes	No	Yes	MC		Yes					Yes	Almond	16 fl oz	390	17	4.5	0	40.0	270.0	54.0	1.0	43.0	5.0
Gingerbread Cookie Iced Latte - made with Almond Drink (sweet) - Large	Yes	No	Yes	MC		Yes					Yes	Almond	20 fl oz	450	19	4.5	0	40.0	350.0	64.0	1.0	52.0	6.0
<b>Gingerbread Chai Latte</b>																							
Gingerbread Chai Latte - made with 2% Milk - Small	Yes	No				Yes							12 fl oz	120	3	2	0	15.0	80.0	16.0	0.0	9.0	6.0
Gingerbread Chai Latte - made with 2% Milk - Medium	Yes	No				Yes							16 fl oz	160	4	2.5	0	20.0	110.0	22.0	0.0	11.0	8.0
Gingerbread Chai Latte - made with 2% Milk - Large	Yes	No				Yes							20 fl oz	200	5	3.5	0	25.0	140.0	28.0	0.0	14.0	10.0
Gingerbread Chai Latte - made with Skim Milk - Small	Yes	No				Yes							12 fl oz	80	0	0	0	5.0	65.0	16.0	0.0	16.0	5.0
Gingerbread Chai Latte - made with Skim Milk - Medium	Yes	No				Yes							16 fl oz	120	0	0	0	5.0	90.0	22.0	0.0	22.0	7.0
Gingerbread Chai Latte - made with Skim Milk - Large	Yes	No				Yes							20 fl oz	150	0	0	0	5.0	120.0	28.0	0.0	28.0	9.0
Gingerbread Chai Latte - made with Whole Milk - Small	Yes	No				Yes							12 fl oz	130	5	3	0	15.0	65.0	16.0	0.0	16.0	5.0
Gingerbread Chai Latte - made with Whole Milk - Medium	Yes	No				Yes							16 fl oz	180	7	4	0	20.0	90.0	22.0	0.0	22.0	7.0
Gingerbread Chai Latte - made with Whole Milk - Large	Yes	No				Yes							20 fl oz	230	9	5	0	30.0	120.0	28.0	0.0	28.0	9.0
Gingerbread Chai Latte - made with Oat Drink - Small	Yes	Yes											12 fl oz	110	4.5	0	0	0.0	70.0	17.0	1.0	10.0	1.0
Gingerbread Chai Latte - made with Oat Drink - Medium	Yes	Yes											16 fl oz	150	6	0	0	0.0	95.0	24.0	2.0	14.0	1.0
Gingerbread Chai Latte - made with Oat Drink - Large	Yes	Yes											20 fl oz	200	8	0.5	0	0.0	125.0	30.0	2.0	18.0	1.0
Gingerbread Chai Latte - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	12 fl oz	60	2	0	0	0.0	90.0	9.0	0.0	9.0	1.0
Gingerbread Chai Latte - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	16 fl oz	80	2.5	0	0	0.0	125.0	12.0	0.0	11.0	2.0
Gingerbread Chai Latte - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	20 fl oz	100	3.5	0	0	0.0	160.0	15.0	0.0	14.0	2.0

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Sources (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Gingerbread Chai Latte - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	12 fl oz	80	3	0	0	0.0	90.0	12.0	0.0	12.0	1.0
Gingerbread Chai Latte - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	16 fl oz	110	4	0	0	0.0	125.0	17.0	0.0	16.0	2.0
Gingerbread Chai Latte - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	20 fl oz	140	5	0	0	0.0	160.0	21.0	1.0	20.0	2.0
<b>Gingerbread Chai Iced Latte</b>																							
Gingerbread Chai Iced Latte - made with 2% Milk - Small	Yes	No				Yes							12 fl oz	80	1.5	1	0	10.0	45.0	13.0	0.0	9.0	3.0
Gingerbread Chai Iced Latte - made with 2% Milk - Medium	Yes	No				Yes							16 fl oz	130	3	2	0	15.0	80.0	19.0	0.0	11.0	6.0
Gingerbread Chai Iced Latte - made with 2% Milk - Large	Yes	No				Yes							20 fl oz	170	4	2.5	0	20.0	110.0	25.0	0.0	14.0	8.0
Gingerbread Chai Iced Latte - made with Skim Milk - Small	Yes	No				Yes							12 fl oz	60	0	0	0	0.0	40.0	13.0	0.0	13.0	3.0
Gingerbread Chai Iced Latte - made with Skim Milk - Medium	Yes	No				Yes							16 fl oz	100	0	0	0	5.0	65.0	19.0	0.0	19.0	5.0
Gingerbread Chai Iced Latte - made with Skim Milk - Large	Yes	No				Yes							20 fl oz	130	0	0	0	5.0	90.0	25.0	0.0	25.0	7.0
Gingerbread Chai Iced Latte - made with Whole Milk - Small	Yes	No				Yes							12 fl oz	90	3	1.5	0	10.0	40.0	13.0	0.0	13.0	3.0
Gingerbread Chai Iced Latte - made with Whole Milk - Medium	Yes	No				Yes							16 fl oz	140	5	3	0	15.0	65.0	19.0	0.0	19.0	5.0
Gingerbread Chai Iced Latte - made with Whole Milk - Large	Yes	No				Yes							20 fl oz	190	7	4	0	20.0	90.0	25.0	0.0	25.0	7.0
Gingerbread Chai Iced Latte - made with Oat Drink - Small	Yes	Yes											12 fl oz	80	2.5	0	0	0.0	40.0	14.0	1.0	10.0	0.0
Gingerbread Chai Iced Latte - made with Oat Drink - Medium	Yes	Yes											16 fl oz	120	4.5	0	0	0.0	70.0	20.0	1.0	13.0	1.0
Gingerbread Chai Iced Latte - made with Oat Drink - Large	Yes	Yes											20 fl oz	170	6	0	0	0.0	95.0	27.0	2.0	17.0	1.0
Gingerbread Chai Iced Latte - made with Almond Drink (unsweet) - Small	Yes	Yes									Yes	Almond	12 fl oz	50	1	0	0	0.0	55.0	9.0	0.0	9.0	1.0
Gingerbread Chai Iced Latte - made with Almond Drink (unsweet) - Medium	Yes	Yes									Yes	Almond	16 fl oz	70	2	0	0	0.0	90.0	12.0	0.0	11.0	1.0
Gingerbread Chai Iced Latte - made with Almond Drink (unsweet) - Large	Yes	Yes									Yes	Almond	20 fl oz	90	2.5	0	0	0.0	125.0	15.0	0.0	14.0	2.0
Gingerbread Chai Iced Latte - made with Almond Drink (sweet) - Small	Yes	Yes									Yes	Almond	12 fl oz	60	1.5	0	0	0.0	55.0	11.0	0.0	10.0	1.0
Gingerbread Chai Iced Latte - made with Almond Drink (sweet) - Medium	Yes	Yes									Yes	Almond	16 fl oz	90	3	0	0	0.0	90.0	15.0	0.0	15.0	1.0
Gingerbread Chai Iced Latte - made with Almond Drink (sweet) - Large	Yes	Yes									Yes	Almond	20 fl oz	120	4	0	0	0.0	125.0	20.0	0.0	19.0	2.0
<b>Chocolate Orange Latte</b>																							
Chocolate Orange Latte - made with 2% Milk - Small	Yes	No	MC	Yes	MC	Yes							12 fl oz	400	15	8	0	65.0	180.0	53.0	1.0	33.0	13.0
Chocolate Orange Latte - made with 2% Milk - Medium	Yes	No	MC	Yes	MC	Yes							16 fl oz	510	17	10	0	75.0	240.0	72.0	2.0	45.0	18.0
Chocolate Orange Latte - made with 2% Milk - Large	Yes	No	MC	Yes	MC	Yes							20 fl oz	590	19	12	0	85.0	310.0	82.0	2.0	47.0	23.0
Chocolate Orange Latte - made with Skim Milk - Small	Yes	No	MC	Yes	MC	Yes							12 fl oz	340	9	4.5	0	45.0	160.0	53.0	1.0	48.0	12.0

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
Chocolate Orange Latte - made with Skim Milk - Medium	Yes	No	MC	Yes	MC	Yes					MC		16 fl oz	430	9	5	0	50.0	210.0	72.0	2.0	66.0	16.0	
Chocolate Orange Latte - made with Skim Milk - Large	Yes	No	MC	Yes	MC	Yes					MC		20 fl oz	490	9	5	0	50.0	270.0	82.0	2.0	74.0	21.0	
Chocolate Orange Latte - made with Whole Milk - Small	Yes	No	MC	Yes	MC	Yes					MC		12 fl oz	430	19	10	0	70.0	160.0	53.0	1.0	48.0	12.0	
Chocolate Orange Latte - made with Whole Milk - Medium	Yes	No	MC	Yes	MC	Yes					MC		16 fl oz	560	23	13	0	85.0	210.0	72.0	2.0	66.0	16.0	
Chocolate Orange Latte- made with Whole Milk - Large	Yes	No	MC	Yes	MC	Yes					MC		20 fl oz	660	27	15	0	95.0	270.0	82.0	2.0	74.0	21.0	
Chocolate Orange Latte - made with Oat Drink - Small	Yes	No	MC	Yes	MC	Yes					MC		12 fl oz	400	18	5	0	40.0	160.0	56.0	4.0	37.0	3.0	
Chocolate Orange Latte - made with Oat Drink - Medium	Yes	No	MC	Yes	MC	Yes					MC		16 fl oz	520	22	6	0	40.0	220.0	76.0	5.0	50.0	4.0	
Chocolate Orange Latte - made with Oat Drink - Large	Yes	No	MC	Yes	MC	Yes					MC		20 fl oz	590	25	6	0	40.0	280.0	86.0	6.0	54.0	5.0	
Chocolate Orange Latte - made with Almond Drink (unsweet) - Small	Yes	No	MC	Yes	MC	Yes					Yes	Almond	12 fl oz	290	13	4.5	0	40.0	200.0	39.0	1.0	33.0	4.0	
Chocolate Orange Latte - made with Almond Drink (unsweet) - Medium	Yes	No	MC	Yes	MC	Yes					Yes	Almond	16 fl oz	370	15	5	0	40.0	270.0	52.0	2.0	45.0	6.0	
Chocolate Orange Latte - made with Almond Drink (unsweet) - Large	Yes	No	MC	Yes	MC	Yes					Yes	Almond	20 fl oz	400	16	5	0	40.0	350.0	56.0	2.0	47.0	7.0	
Chocolate Orange Latte - made with Almond Drink (sweet) - Small	Yes	No	MC	Yes	MC	Yes					Yes	Almond	12 fl oz	340	15	4.5	0	40.0	200.0	46.0	2.0	40.0	4.0	
Chocolate Orange Latte - made with Almond Drink (sweet) - Medium	Yes	No	MC	Yes	MC	Yes					Yes	Almond	16 fl oz	430	17	5	0	40.0	270.0	62.0	3.0	53.0	6.0	
Chocolate Orange Latte - made with Almond Drink (sweet) - Large	Yes	No	MC	Yes	MC	Yes					Yes	Almond	20 fl oz	470	19	5	0	40.0	350.0	68.0	3.0	59.0	7.0	
<b>Chocolate Orange Iced Latte</b>																								
Chocolate Orange Iced Latte - made with 2% Milk - Small	Yes	No		MC		Yes							12 fl oz	280	12	6	0	55.0	130.0	34.0	1.0	22.0	8.0	
Chocolate Orange Iced Latte - made with 2% Milk - Medium	Yes	No		MC		Yes							16 fl oz	360	14	8	0	65.0	200.0	46.0	1.0	27.0	13.0	
Chocolate Orange Iced Latte - made with 2% Milk - Large	Yes	No		MC		Yes							20 fl oz	450	16	9	0	75.0	270.0	59.0	1.0	32.0	18.0	
Chocolate Orange Iced Latte - made with Skim Milk - Small	Yes	No		MC		Yes							12 fl oz	240	8	4	0	45.0	115.0	34.0	1.0	31.0	7.0	
Chocolate Orange Iced Latte - made with Skim Milk - Medium	Yes	No		MC		Yes							16 fl oz	300	8	4	0	45.0	170.0	46.0	1.0	42.0	12.0	
Chocolate Orange Iced Latte - made with Skim Milk - Large	Yes	No		MC		Yes							20 fl oz	370	8	4	0	50.0	240.0	59.0	1.0	53.0	16.0	
Chocolate Orange Iced Latte - made with Whole Milk - Small	Yes	No		MC		Yes							12 fl oz	290	14	7	0	60.0	115.0	34.0	1.0	31.0	7.0	
Chocolate Orange Iced Latte - made with Whole Milk - Medium	Yes	No		MC		Yes							16 fl oz	390	18	10	0	70.0	170.0	46.0	1.0	42.0	12.0	
Chocolate Orange Iced Latte - made with Whole Milk - Large	Yes	No		MC		Yes							20 fl oz	500	22	12	0	85.0	240.0	59.0	1.0	53.0	16.0	
Chocolate Orange Iced Latte - made with Oat Drink - Small	Yes	No		MC		Yes							12 fl oz	270	13	4.5	0	40.0	115.0	35.0	2.0	24.0	2.0	
Chocolate Orange Iced Latte - made with Oat Drink - Medium	Yes	No		MC		Yes							16 fl oz	360	17	5	0	40.0	180.0	48.0	3.0	31.0	3.0	
Chocolate Orange Iced Latte - made with Oat Drink - Large	Yes	No		MC		Yes							20 fl oz	450	21	5	0	40.0	240.0	62.0	5.0	38.0	4.0	

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nuts Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
Chocolate Orange Iced Latte - made with Almond Drink (unsweet) - Small	Yes	No		MC		Yes					Yes	Almond	12 fl oz	200	10	4	0	40.0	140.0	25.0	1.0	22.0	3.0	
Chocolate Orange Iced Latte - made with Almond Drink (unsweet) - Medium	Yes	No		MC		Yes					Yes	Almond	16 fl oz	250	12	4	0	40.0	210.0	32.0	1.0	27.0	4.0	
Chocolate Orange Iced Latte - made with Almond Drink (unsweet) - Large	Yes	No		MC		Yes					Yes	Almond	20 fl oz	310	14	4	0	40.0	300.0	39.0	1.0	32.0	6.0	
Chocolate Orange Iced Latte - made with Almond Drink (sweet) - Small	Yes	No		MC		Yes					Yes	Almond	12 fl oz	240	12	4	0	40.0	140.0	29.0	1.0	25.0	3.0	
Chocolate Orange Iced Latte - made with Almond Drink (sweet) - Medium	Yes	No		MC		Yes					Yes	Almond	16 fl oz	290	14	4	0	40.0	210.0	38.0	2.0	33.0	4.0	
Chocolate Orange Iced Latte - made with Almond Drink (sweet) - Large	Yes	No		MC		Yes					Yes	Almond	20 fl oz	360	16	4	0	40.0	300.0	48.0	2.0	41.0	6.0	
<b>Peppermint Cold Foam Cold Brew</b>																								
Peppermint Cold Foam Cold Brew - Small	Yes	Yes									MC		12 fl oz	120	0	0	0	0.0	55.0	31.0	0.0	30.0	0.0	
Peppermint Cold Foam Cold Brew - Medium	Yes	Yes									MC		16 fl oz	150	0	0	0	0.0	70.0	37.0	0.0	36.0	0.0	
Peppermint Cold Foam Cold Brew - Large	Yes	Yes									MC		20 fl oz	180	0	0	0	0.0	90.0	44.0	0.0	42.0	0.0	
<b>Extras</b>																								
Whipped Cream - Hot	Yes	No				Yes							35	110	7	3.5	0	35.0	0.0	7.0	0.0	7.0	0.0	
Whipped Cream - Cold	Yes	No				Yes							40	120	8	4	0	40.0	0.0	8.0	0.0	8.0	0.0	
Marshmallows (per 3)	Yes	Yes											18	60	0	0	0	0.0	15.0	14.2	0.0	12.8	0.1	
Extra Coffee Shot	Yes	Yes											30	10	0	0	0	0.0	10.0	less than 1g	0.0	0.0	0.4	
Caramel Syrup - Small	Yes	Yes									MC		14.78	50	0	0	0	0.0	0.0	11.8	0.0	11.8	0.0	
Caramel Syrup - Medium	Yes	Yes									MC		22.17	70	0	0	0	0.0	0.0	17.7	0.0	17.7	0.0	
Caramel Syrup - Large	Yes	Yes									MC		29.56	100	0	0	0	0.0	0.0	23.6	0.0	23.7	0.0	
Hazelnut Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	0.0	10.3	0.0	10.4	0.0	
Hazelnut Syrup - Medium	Yes	Yes									MC		22.17	70	0	0	0	0.0	10.0	15.5	0.0	15.5	0.0	
Hazelnut Syrup - Large	Yes	Yes									MC		29.56	90	0	0	0	0.0	10.0	20.7	0.0	20.7	0.0	
Vanilla Syrup - Small	Yes	Yes									MC		14.78	50	0	0	0	0.0	0.0	11.8	0.0	11.3	0.0	
Vanilla Syrup - Medium	Yes	Yes									MC		22.17	75	0	0	0	0.0	0.0	17.7	0.0	17.0	0.0	
Vanilla Syrup - Large	Yes	Yes									MC		29.56	100	0	0	0	0.0	0.0	23.6	0.0	22.7	0.0	
Lavender Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	0.0	11.3	0.0	10.8	0.0	
Lavender Syrup - Medium	Yes	Yes									MC		22.17	70	0	0	0	0.0	0.0	17.0	0.0	16.3	0.0	
Lavender Syrup - Large	Yes	Yes									MC		29.56	90	0	0	0	0.0	0.0	22.7	0.0	21.7	0.0	

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	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Sesame Products	Peanut Products	Tree Nut Products	Tree Nut Source (if present)		Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)
Lemongrass Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	0.0	9.9	0.0	9.9	0.0
Lemongrass Syrup - Medium	Yes	Yes									MC		22.17	60	0	0	0	0.0	0.0	14.8	0.0	14.8	0.0
Lemongrass Syrup - Large	Yes	Yes									MC		29.56	80	0	0	0	0.0	0.0	19.7	0.0	19.7	0.0
Peach Syrup - Small	Yes	Yes									MC		14.78	50	0	0	0	0.0	0.0	12.3	0.0	12.3	0.0
Peach Syrup - Medium	Yes	Yes									MC		22.17	70	0	0	0	0.0	0.0	18.5	0.0	18.5	0.0
Peach Syrup - Large	Yes	Yes									MC		29.56	100	0	0	0	0.0	0.0	24.6	0.0	24.6	0.0
Lime Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	0.0	9.4	0.0	8.9	0.0
Lime Syrup - Medium	Yes	Yes									MC		22.17	60	0	0	0	0.0	0.0	14.0	0.0	13.3	0.0
Lime Syrup - Large	Yes	Yes									MC		29.56	80	0	0	0	0.0	0.0	18.7	0.0	17.7	0.0
Maple Spice Syrup - Small	Yes	Yes									MC		14.78	50	0	0	0	0.0	0.0	11.3	0.0	11.3	0.0
Maple Spice Syrup - Medium	Yes	Yes									MC		22.17	75	0	0	0	0.0	0.0	17.0	0.0	17.0	0.0
Maple Spice Syrup - Large	Yes	Yes									MC		29.56	100	0	0	0	0.0	0.0	22.7	0.0	22.7	0.0
Pistachio Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	30.0	9.9	0.0	9.4	0.0
Pistachio Syrup - Medium	Yes	Yes									MC		22.17	60	0	0	0	0.0	50.0	14.8	0.0	14.0	0.0
Pistachio Syrup - Large	Yes	Yes									MC		29.56	80	0	0	0	0.0	60.0	19.7	0.0	18.7	0.0
Pumpkin Spice Syrup - Small	Yes	Yes									MC		14.78	40	0	0	0	0.0	0.0	9.9	0.0	9.9	0.0
Pumpkin Spice Syrup - Medium	Yes	Yes									MC		22.17	70	0	0	0	0.0	5.0	14.8	0.0	14.8	0.0
Pumpkin Spice Syrup - Large	Yes	Yes									MC		29.56	90	0	0	0	0.0	10.0	19.7	0.0	19.7	0.0
Sugar Free Caramel Syrup - Small	Yes	Yes									MC		14.78	0	0	0	0	0.0	0.0	3.0	0.0	0.0	0.0
Sugar Free Caramel Syrup - Medium	Yes	Yes									MC		22.17	0	0	0	0	0.0	5.0	4.4	0.0	0.0	0.0
Sugar Free Caramel Syrup - Large	Yes	Yes									MC		29.56	0	0	0	0	0.0	10.0	5.9	0.0	0.0	0.0
Sugar Free Hazelnut Syrup - Small	Yes	Yes									MC		14.78	0	0	0	0	0.0	5.0	2.5	0.0	0.0	0.0
Sugar Free Hazelnut Syrup - Medium	Yes	Yes									MC		22.17	0	0	0	0	0.0	10.0	3.7	0.0	0.0	0.0
Sugar Free Hazelnut Syrup - Large	Yes	Yes									MC		29.56	0	0	0	0	0.0	15.0	4.9	0.0	0.0	0.0
Sugar Free Vanilla Syrup - Small	Yes	Yes									MC		14.78	0	0	0	0	0.0	0.0	2.5	0.0	0.0	0.0
Sugar Free Vanilla Syrup - Medium	Yes	Yes									MC		22.17	0	0	0	0	0.0	5.0	3.7	0.0	0.0	0.0
Sugar Free Vanilla Syrup - Large	Yes	Yes									MC		29.56	0	0	0	0	0.0	10.0	4.9	0.0	0.0	0.0

2,000 calories a day is used for general nutrition advice, but calorie needs vary  
 Additional nutrition information available upon request

